

**FACULTY  
RESEARCH GRANT  
DR. YSR UHS**



# **Funding Projects 2024- Dr. YSRUHS**



**Dr. YSR UNIVERSITY OF HEALTH SCIENCES::ANDHRA PRADESH**  
**FACULTY RESEARCH GRANTS - 2023**

Lr.No.4723/A5/FRG/2023

Date.11.10.2023

Dear **Mrs G Thejovathi**  
**Assoc Prof,**

Dr. YSR University of Health Sciences is pleased to sanction Faculty Research Grant for your Research Proposal titled "**A LONGITUDINAL STUDY ON EFFECT OF FREQUENT SMART PHONE USAGE ON QUALITY OF SLEEP AND MENTAL HEALTH AMONG MOTHERS OF PRIMARY SCHOOL CHILDREN, NELLORE A.P IN A VIEW TO DEVELOP AWARENESS PAMPHLET**". Your Research Grant No. is DRYSRUHS/FRG2-2023 and the number should be mentioned in any further communication with the University.

Following are the Guidelines for utilization of funds, reporting of progress and other matters related to the Grant:

1. The total amount of each grant is not more than rupees two lakhs (Rs.2,00,000/-). This grant may be utilized for purchasing consumables, travel related to the project and overhead expenses. Equipment, laboratory and other facilities should be provided by the institution.
2. The total duration of the project is for two years.
3. The budget will be released in the ratio of 40:40:20 in three phases subject to satisfactory progress of the research work.
4. The host institution should maintain a separate account in a Authorized bank jointly operated by the Principal/Dean of the college and the Principal Investigator (PI). The details of Joint Account should be furnished by **31.10.2023**. The audited statement should be submitted to the University every year.
5. If the college discontinues the project or the progress is not satisfactory, the University deserves the right to discontinue the project. In such a case the Principal/Dean and Principal Investigator will have to refund the entire grant paid for the project work.
6. A six-monthly project report shall be submitted by the Principal through proper channel.

*Dr. B. B. B. B.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



7. The Principal Investigator should publish minimum of one scientific article related to the project in UGC CARE listed journals. The article should be submitted along with final report of the research project.
8. The University should be acknowledged in all the publications/presentations at conferences arising out of the project work.
9. The patents and copy rights of the project work will be the sole property of the University.
10. The final report of the research project shall be submitted within one month of completion of the project.
11. An undertaking stating that the project work shall be conducted as per the rules and regulations of Dr.YSRUHS should be given on a stamp paper by the Principal Investigator and the Head of the Institution.
12. The faculty should obtain a clearance from the Institutional Ethics Committee (IEC) if the proposal involves research on human participants and from Institutional Animal Ethics Committee (IAEC) if the work involves the use of animals and same should be submitted to the University on or before **30.11.2023**.

Sd/-REGISTRAR

// ATTESTED //

*[Handwritten Signature]*  
17/10/2023

JOINT REGISTRAR (ACADEMIC)

*[Handwritten Signature]*  
13/01/2023

To,  
Mrs G Thejovathi  
Assoc Prof  
Narayana College of Nursing,  
Chintareddypalem,  
Nellore – 524 002.

Copy to the concerned Principal.

*Dr. B. Babu*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



**NARAYANA**  
**COLLEGE OF NURSING**  
**NELLORE**

Date: 07.09.2023

To  
The Director (Research & Development)  
Dr. YSR University of Health Sciences,  
Vijayawada – 520 008.  
A.P

Respected Madam,

Sub: Narayana College of Nursing, Nellore – Submission of projects for faculty funding –  
Reg.

Ref: Dr. YSRUHS, Vijayawada letter No. 4723/A5/FRG/2023, dated 07.08.2023.

\*\*\*\*\*

As per the reference cited above, herewith we are submitting the Faculty Research grants project application for the academic year 2023-24 are enclosed for your kind perusal.

Thanking you,

Yours Sincerely,

*B. Vanaja Kumari*

(Prof. B. Vanaja Kumari)  
PRINCIPAL  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Encl: Project Reports of 2 faculties.

1. Mrs. Smitha P.M
2. Mrs. Thejovathi. G



*Dr. B. Vanaja Kumari*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Recognised by Indian Nursing Council and a.p. Nurses & Midwives Council  
Affiliated to Dr. YSR University of Health Sciences, A.P. Vijayawada.  
NAAC Accreditation (B+) Accredited by "International Accreditation Organization (IAO)"

Chinthareddypalem, Nellore - 524003

☎ : 0864 2247000 Fax : 0864 2241000

I. **PARTICULARS OF RESEARCH PROJECT**(attach separately)

i. **Title of Project**

A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among Mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet.

ii. Specialities covered by the Research work Child Health nursing, Community Health Nursing, Mental health nursing

iii. Nature of work-~~Clinical/Experimental/Combined~~/Field Project(Strike off what is irrelevant)/~~any other~~(specify)

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iv. State whether any travel is involved in the programme of work

Yes From Narayana College of Nursing to 4 major areas of Nellore

District, planned to visit each area 3 times a year.

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*Dr. B. Ashwini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Names and designations of Co- investigators:

a) Prof. Vanajakumar. B, Principal

Narayana College of Nursing

b) Prof. Smitha. P.M, M.Sc.(N), Ph.D

Department of Mental Health Nursing, Narayana College of Nursing

*D.V. Babu*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

v. State whether there is any other source of funding for this project? If so give details.

No

**Timelines of the project (Gantt chart).**

S.No	Stages of research	Aug 23 to sep 23	Nov 23 to Dec 23	Jan 24 to April 24	May 24 to Aug24	Sep 24 to Dec 24	Jan 25 to Apr25	Sep 24 to Dec 24	Jan25 to Apr25
1.	Preparation of proposal								
2.	Selection of sample								
3.	Registration of sample								
4.	Periodic assessment								
5.	Data Analysis								
6.	Periodic report writing								
7.	Final project submission								


**vi. Aim & Objectives**

**Aim:**

This study aims to investigate whether frequent smart phone usage will be effect on quality of sleep and poor mental health ( Depressive symptoms, Anxiety level, perceived stress, and low life satisfaction).

**Objectives:**

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use and Poor mental health among primary school children.
4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.
5. To identify the association between frequent smart phone use on quality of sleep and Poor mental

  
 Principal  
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health among primary school children with selected Demographic variable.

**Hypotheses:**

H01: There is no correlation between frequent smart phone use and quality of sleep among primary school children.

H1: There is a positive correlation between frequent smart phone use and quality of sleep among primary school children.

H02: There is no correlation between frequent smart phone use and poor mental health among primary school children.

H2: There is a correlation between frequent smart phone use and poor mental health among primary school children.

H03: There is no correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children

H3: There is a positive correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children.

H04: There will be no significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

H4: There is a significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

**vii. Present knowledge and relevant bibliography (please give here only the most relevant references complete with the authors name(s), title of the article, name of the Journal, year, volume and page number).**

**INTRODUCTION**

*“Good habits formed in youth make all the difference.”*

*-Aristotle*

Children are vital to the nation’s present and its future. Parents, grandparents, aunts, and uncles are usually committed to providing every advantage possible to the children in their families, and to ensuring that they are healthy and have the opportunities that they need to fulfill their potential with free from addictions like frequent usage of smart phones, anti social activities and un healthy habits ets.1 In the new era, the children are exposed to technology at younger ages than ever before. There are different types of radiations generated by mobile phones and wireless devices, microwave radiations, ionizing and non-ionizing radiations. Cell

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receive text, or use data, our phone receives radio-frequency waves to its antenna from cell towers.<sup>2</sup>

Most children use their smart phones before going to bed. They could either be staying up late talking to their friends or playing games, watching videos or just scrolling through social media. This mindless staring at smart phones at late hours over a period of time causes fatigue and restlessness, as using any electronic devices late at night can lead to reduced sleep timing. This is caused due to the emission of blue light, which all digital devices emit and are known to be harmful to our eyes, and also trick our brain into thinking that it is still daytime.<sup>3</sup> Sleep is a physiological state of unawareness which is regulated homeostatically.<sup>4</sup> Almost one-third of our lives are spent while sleeping.<sup>5</sup> Sleep plays an important role in cognitive and physical functions, cellular toxin removal, disease prevention and restoration of both mind and body. Proper sleep is especially important for children and adolescents.<sup>6</sup>

Lack of sleep in adolescents is becoming an important health issue worldwide.<sup>7</sup> Many factors can affect sleep hygiene<sup>8</sup> but the role of mobile use in causing sleep problems in adolescence has gained huge attention in the past few years.<sup>9</sup> These sleep disturbances even disrupt children's academic life as when children are sleep deprived during the night, they are too sleepy to concentrate during classes, leading to the domino effect that seeps into all walks of their lives. There have also been several recent studies which show that the lack of quality sleep in children not only affects their academic performance but also affects their physical development, productivity, attention, and energy levels.<sup>3-10</sup>

New studies also suggest that an hour a day spent with their smartphones plays a significant part in the rise of depression and anxiety among children. An observational study showed that spending more than a few hours per week using electronic media correlated negatively with self-reported happiness, life satisfaction and self-esteem, whereas time spent on nonscreen activities (in-person social interactions, sports or exercise, print media, homework, religious services, working at a paid job) correlated positively with psychological well-being, among children.<sup>11</sup>

Hence this study is planned to assess the effect of frequent smart phone usage on quality of sleep and poor mental health among primary school children and to develop awareness pamphlet.

## NEED FOR STUDY:

Children are constitute one of the most vulnerable groups for practicing risky and addicted to bad habits. According to common sense media reported that 42 percent of kids have a phone by age 10. By age 12, it's 71 percent. By 14, it's 91 percent. According to a report released in 2017 by Common Sense Media spend the following amount of time each day using digital devices.

- Kids under 2 years of age spend on average 42 minutes per day
- Kids ages 2 to 4: 2.5 hours per day
- Children ages 5 to 8: spend an average of nearly 3 hours per day
- For 8- to 12-year-olds, the average time spent using screen media every day was 4 hours and 36 minutes.<sup>12</sup>

Organizations around the globe like the American Academy of Pediatrics (AAP) and the World Health Organization (WHO) have suggested various screen limit guidelines.

According to the research conducted by Barna Group for Andy Crouch's book *The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place*:

- 64% of school age children watch television or movies after school, regardless of their age group.
- Almost half of kids ages 9–17 play video games, 48% of children between 14 and 17 years spend their free time on social media or texting with friends.
- One in four teens spends time browsing online.

A cross-sectional study was conducted using a semi-structured questionnaire. The association of physical and mental health variables with the demographic variables was examined using Pearson's correlation and  $\chi^2$ -test. The binary logistic regression model was further used to predict the probabilities of negative impact on personality due to excessive use of cell phones. By Muhammad Daniyal. The study highlights a significant association between excess use of cell phones and negative effects on physical and mental health wellbeing.<sup>13</sup>

Therefore, this made the investigators planned this study in order to bring awareness among primary school children and their mothers regarding consequences of usage of mobile phones and how to limit the habit through Awareness Pamphlet.

## Operational Definitions

### Longitudinal study

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**Effect**

It defines there will be a change due to frequent smart phone usage on quality of sleep and mental health among primary school children.

**Smart phone**

It Defines mobile phone that performs many of the functions of a computer, typically having a touch screen interface, internet access, and an operating system capable of running downloaded apps.

**Quality of Sleep**

It defines as child satisfaction of the sleep experience recommended 9-12 hrs integrating aspects of sleep initiation, sleep maintenance, sleep quantity, and refreshment upon awakening.

**Poor Mental Health**

It defines the primary child has the manifestations of loneliness, depressive symptoms, perceived stress, and low life satisfaction due to effect of frequent smart phone usage.

**Mothers**

Researcher Going to use mothers as a sample who has 6-8 yrs of age children.

**Primary School Children:**

It defines the Child any child male or female between the age group of 6 to 11 years

**References:**

Braulio M. Girela-Serrano and Alexander D. V. Spiers et.al, Impact of mobile phones and wireless devices use on children and adolescents' mental health: a systematic review, Journal of European Child & adolescent psychiatry, 16-june-2022, Volume 32 Issue 9 september 2023.

1. <https://www.ncbi.nlm.nih.gov/books/NBK92210/>.
2. <https://innohealthmagazine.com/2019/well-being/effects-mobile-phones/#:~:text=Having%20a%20mobile%20device%20at,than%2019%20years%20of%20age.>
3. <https://sherwoodhigh.com/blogs/5-harmful-effects-of-smartphones-on-the-development-of-your-child/>.
4. Brown LK. Can sleep deprivation studies explain why human adults sleep? *Curr Opin Pulm Med*. 2012;**18**(6):541–545. doi: 10.1097/MCP.0b013e3283596740 [PubMed] [CrossRef] [Google Scholar].
5. Webb WB, Friel J. Characteristics of “natural” long and short sleepers: a preliminary report. *Psychol Rep*. 1970;**27**:63–66. doi: 10.2466/pr0.1970.27.1.63 [PubMed] [CrossRef] [Google Scholar].
6. Max H, Kaitlyn W, Steven MA, et al. National Sleep Foundation's sleep time duration

doi: 10.1542/peds.2014-1696 [PMC free article] [PubMed] [CrossRef] [Google Scholar]

8. Dagmara D, Frances LC, Patrick M. The role of environmental factors on sleep patterns and school performance in adolescents. *Front Psychol.* 2015;**01**:17–24. [PMC free article] [PubMed] [Google Scholar]

9. Duygu A, Bulent A. The effect of mobile phone usage on sleep quality in adolescents. *J Neuro Behav Sci.* 2018;**5**:68–71. [Google Scholar].

10. Twenge JM, Martin GN, Campbell WK. Decreases in psychological well-being among American adolescents after 2012 and links to screen time during the rise of smartphone technology. *Emotion* 2018;**18**:765–80. [PubMed] [Google Scholar]

13. Muhammad Daniyal and Syed Fahad Javaid et.al A Cross-Sectional Study The Relationship between Cellphone Usage on the Physical and Mental Wellbeing of University Students, 2022, 2022 Aug; 19(15): 9352. PMCID: PMC9368281, PMID: 35954709

viii. **Methodology and Techniques (giving all relevant details like study design, selection of subjects, experimental model, techniques, study proforma etc.).**

**Methodology:**

**Type of Research:** qualitative research

**Study Design:** Longitudinal research design

**Study setting:** The study setting will be carried out at atmakur, linga samudram, kavali, venkatachalem these all major areas of 4 revenues of Nellore District, A.P.

**Target Population:** Mothers of Primary school children between the age of 6-11 yrs.

**Study Sample:** Study participants will be mothers of primary school children between the age group of 6 to 11 years in selected areas of Nellore.

**Sample size calculation:**

- Confidence level: 95%
- Margin of error: 5%
- Estimated Population: 20,000
- Response distribution: 40%
- Assuming confidence interval 95%, Margin of error 5%, estimated population 20,000 and response distribution will be 40% by above the estimated sample size is 377.
- Sample size is 377

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Principal  
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Chinthareddypalem,  
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**Sampling technique: Simple random sampling technique.**

**Eligibility criteria:**

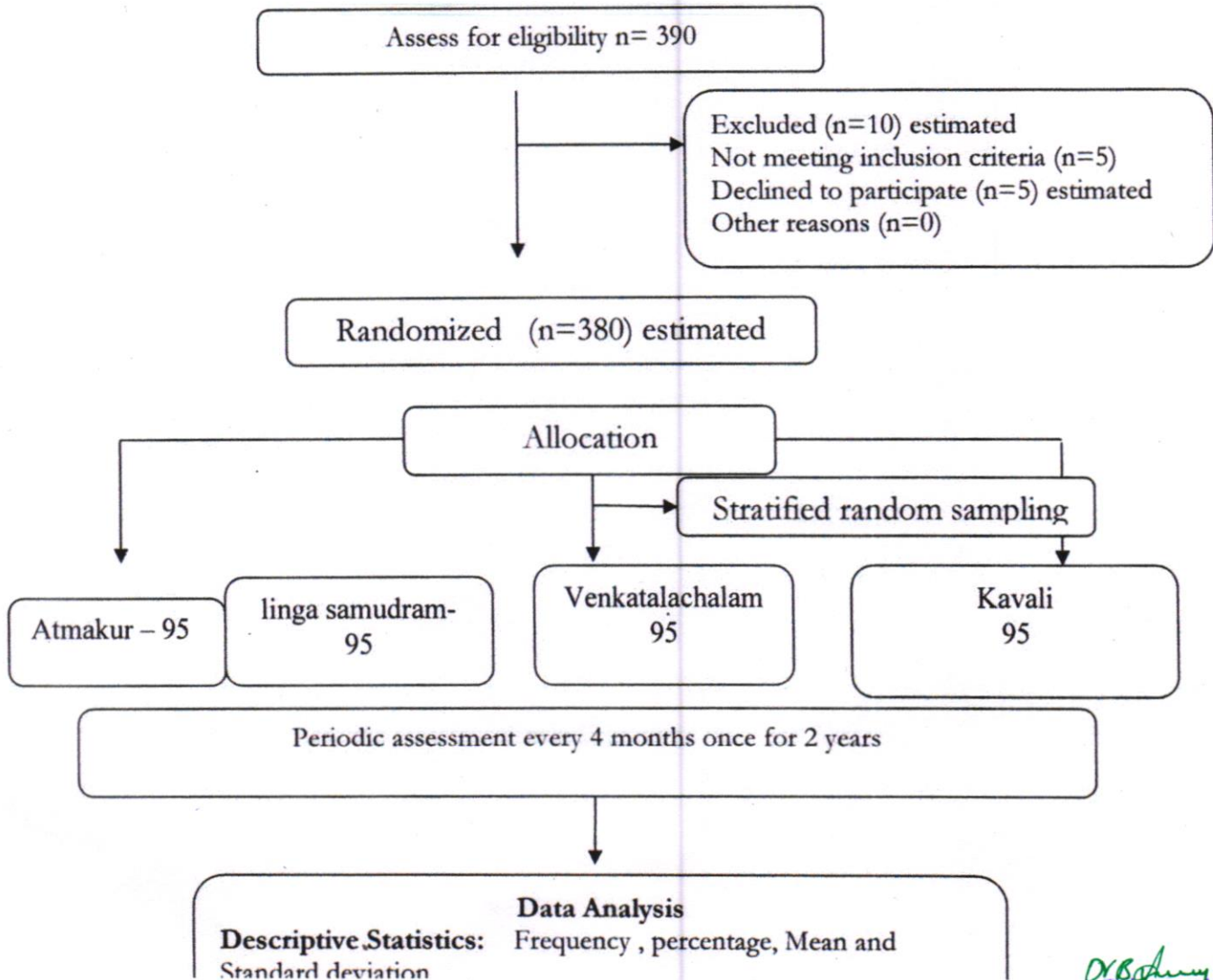
**Inclusion:**

1. Age between 6-11 yrs.
2. Habit of using smart phone for longer period (more than an hour per day)
3. Both gender
4. The participants willing to participate in observation thrice in a year for 2 years.
5. Who are residing in selected areas.

**Exclusion:**

1. Suffering with sensory deprivation, insomnia, mental illness and Juvenile diabetes.
2. Children with serious developmental disabilities, such as autism or intellectual disability.
3. Habit of using ordinary phone.

**CONSORT flow diagram for the selection of sample**



## DEVELOPMENT AND DESCRIPTION OF TOOL:

The tool for data collection consists of two parts

### PART-I:

#### SOCIO DEMOGRAPHIC DATA

This section consists of information about the demographic details of the study sample like Age of child, Age of Mother, gender, Gender, Education, Schooling, Family Income, No.of Primary school children in the family, Smart phone usage, Smart phone usage at bedtime Number of time smart phone has been used per day, Time spent using smart phone at once.

Purpose of using smart phone area of using smart phone and Spend time for physical Play

### PART-II

#### SECTION-A

**The Questionnaire consist of combination of Likert Type And Open-Ended Questions**

The questionnaire consists of a combination of Likerttype and open-ended questions (later converted to scaled scores using provided guidelines). Primary school age children will be asked to indicate how frequently they have experienced certain sleep difficulties over the past month and to rate their overall sleep quality. Scores for each question range from 0 to 3, with higher scores indicating more acute sleep disturbances.

The scale consist of 0-21 points

#### Score Interpretation:

S.no.	Score	Level of Sleep difficulty
1	0-29	No Sleep difficulty
2	29.1- 58.6	Moderate sleep difficulty
3	58.6- 88	Severe Sleep difficulty

#### SECTION-B

#### CONSIST OF SELF SATISFACTION SCALE

The Scale consist of 10 items, each item scored as 0-5 likert scale, the raw score ranges from 0-50

#### Score Interpretation:

S.no.	Score	Level of Depression
1	0-20	Extremely Satisfaction
2	21-25	Satisfaction
3	26-30	Dissatisfaction

*D.B. Chinnay*  
Principal

## SECTION-C

### CONSIST OF STANDARD SELF RATING ANXIETY SCALE

The Scale consist of 20 items, each item scored as 0-4 likert scale, the raw score ranges from 20-80

S.no.	Score	Range of Anxiety levels
1	20-44	Normal range
2	45-59	Mild to Moderate anxiety levels
3	60-74	Marked to severe anxiety levels
4	74-80	Above Extreme anxiety levels

### DATA COLLECTION PROCEDURE:

Prior permission will be obtained from concerned authorities (Institutional ethical committee, Principal, Respective area PHC/UHC Officer, municipal corporator and Mothers). Primary school child will be registered initially according to inclusion and exclusion criteria; equal numbers of children will be chosen from each area based on child population to ensure equity. A probability sampling technique by using a stratified sampling method will be adopted to select the samples. Consent for the study will be obtained from study participants and mothers. Demographic details of the study participants will be collected. The quality of sleep, poor mental health will be assessed periodically every 4 months once like P1, P2, P3 in 2024 and P4, P5, P6 in 2025. Planned to issue detailed awareness pamphlet regarding Hazards of Frequent usage of smart phone and how to overcome. Anonymity and confidentiality will be maintained throughout the study.

#### ix. What is aimed to be achieved by the study?

This study aims to investigate whether frequent smart phone usage will be effect on quality of sleep and poor mental health ( Depressive symptoms, Anxiety level, perceived stress, and low life satisfaction).

#### x. How is it likely to advance or add to the existing knowledge in relation to human health? (Newness/Novelty/Uniqueness describing anticipated impact)

The use of mobile phones puts high demands on the individual's own capacity to set limits for use and accessibility. Norms on how to use mobile phones are set in interaction with others. Attitudes are probably an important factor to focus in prevention strategies. This could include information to children and mothers about the importance of sleep and recovery, and the advice to set limits for accessibility (i.e. turn off the phone) at certain

*Dr. B. B. B. B.*  
Principal

behavior among mothers and children. This study will help to create awareness among the stakeholders about the importance of bring awareness among children regarding hazards of frequent usage mobile phones because Today children are tomorrow citizens by the we can save the nation.

**xi. Proposed duration of the project (Maximum two years)**

From 10-11-23 to 10- 11-25 (2yrs) 377 primary school children living at atmakur, linga samudram, kavali, venkatachalem will be enrolled during their first visit estimated on 10-11-23.

**xii. Total budget estimate**

S.No	Particulars	Details	Total
1.	Refreshments	377 X 30	Rs. 11,310
2.	Transport (6 times to 4 areas)	30,000	Rs. 30,00
3.	Awareness pamphlet	377 X 150	Rs. 56,550
4.	Photos & videos	15,000	Rs. 15,000
5.	Stationary	38,000	Rs. 38,000
5.	Miscellaneous	50,000	Rs. 50,000
Total			Rs. 2,00,860

**xiii. Facilities available in the Institute/department to execute the project.**

- Educational Media
- Institutional Ethical Committee

**xiv. Approval from the Institutional ethics committee (enclose copy)**

Yes (enclosed), Ref No: 02/NR/FFP/NCON/23

**xv. Letters of approval from other institutions/laboratories (if applicable)**

Will be Obtained before starting of main study

*Dr. B. Srinivas*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**II. DECLARATION:**

a) I have gone through the rules and conditions for financial assistance. If selected, I agree to abide by them. The particulars given in the form are correct and I am prepared to present myself or interview at my own expenses, if called up to do so.

b) Certified that I have not claimed/received University grants/financial assistance from any other source earlier for this project.

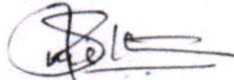
c) I agree to submit online all the raw data generated from the project to the University data Repository within one month of completion of the work.

**Signature of the Principal Investigator.**

**Signature of the Co- investigators.**

PI. Thya  
THEJOVATHI

B. Anuraj  
B. Vanajakumari

  
SMITHA. P. M.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### III. Certificate by the Head of the Institute

- (i) I recommend the Project entitled

Yes This study will be very useful to nation by modifications of addictive behavior of child by improving quality of sleep and Improving Good Mental Health, so it can be Approved because today children are tomorrow citizens.

For the University grant.

- (ii) I certify that all the equipment, laboratory and other facilities required for carrying out the proposed research project by the applicant (s) are available in the Department/ Institute and will be made available to the applicant(s).
- (iii) I undertake to send to the University an audited statement of accounts along with the utilization certificate as required in the Rules for financial assistance/grant.

*B. Anuj*

**Signature of the Head of the Institution**

**(Seal bearing Designation & Address)**

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*D. R. Anuj*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



# INSTITUTIONAL ETHICS COMMITTEE NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore. Ph : 0861 - 2317969, Fax : 0861 - 2311968.  
Registration Approved by : Central Drugs Standard Control Organization,  
Reg. No. ECR/1348/Inst/AP/2020 New Delhi, dated : 20 Feb 2020.



03 Sep 2023

02/NR/FFP/NCON/2023

To  
Mrs. Thejovathi, M.Sc.(N), Assoc. Prof  
Dept. of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem, Nellore, Andhra Pradesh

Sub: Ethical Clearance Certificate, Ref No 02/NR/FFP/NCON/2023 - Reg.

The members of committee reviewed and discussed the study proposal entitled

“A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet”.

Ethical committee has approved and none of the members voted against this study.

The present approval is valid only for three years; the investigator should take the re-approval after three years if any change, modification or deviation in the protocol or any event must be informed to the ethical committee and must apply for fresh IEC approval.

Member Secretary

IEC  
Member Secretary

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

Chairperson

IEC  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

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Chinthareddypalem,  
NELLORE - 524 003.

ANUEXURE-I

PART-I

DEMOGRAPHIC DATA

1. Age (years) \_\_\_\_\_
2. Age of Mother \_\_\_\_\_
3. Gender ( )
  - a) Male
  - b) Female
4. Education ( )
  - a) 1<sup>st</sup> standard
  - b) 2<sup>nd</sup> standard
  - c) 3<sup>rd</sup> standard
  - d) 4<sup>th</sup> standard
  - e) 5<sup>th</sup> standard
- 5) Schooling ( )
  - a) Private school with state syllabus
  - b) CBSC schooling
  - c) International schooling
  - d) GOVT school.
- 6) Family Income ( )
  - a) Up to 5,000
  - b) 5001-10,000
  - c) 10,0001-20,000
  - d) Above 20,000.
- 7) No.of Primary school children in the family ( )
  - a) 1
  - b) 2
- 8) Smart phone usage ( )
  - a) Yes
  - b) No

9) Smart phone usage at bedtime ( )

- a) Yes
- b) No

10) Number of time smart phone has been used per day ( )

- a) Once
- b) twice
- c) thrice
- d) more than thrice

11) Time spent using smart phone at once ( )

- a) 15 Min
- b) 16 - 30 min
- c) 31 - 45 Min
- d) 46- 60 Min
- e) >60 min

12) Purpose of using smart phone ( )

- a) Study
- b) Playing Games
- c) Watching purposeless videos
- d) Others

12) Area of using smart phone ( )

- a) In school
- b) In Home
- c) In play ground
- d) Others

13. Spend time for physical Play ( )

- a) None
- b) 0- 30 min
- c) 31min – 1 hr
- d) More than 1hr

*OxyBAmj*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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**ANUEXURE-II**  
**PART-II**  
**Section- A**

**CHILDREN'S SLEEP HABITS QUESTIONNAIRE (ABBREVIATED)**

The following statements are about your child's sleep habits and possible difficulties with sleep. Think about the past month in your life when you answer the questions. If last week was unusual for a specific reason, choose the most recent typical week. Unless noted, check Always if something occurs every night, Usually if it occurs 5 or 6 times a week, Sometimes if it occurs 2 to 4 times a week, Rarely if it occurs once a week, and Never if it occurs less than once a week.

**BEDTIME**

Write in your child's usual bed time : Week nights \_\_\_\_\_ : \_\_\_\_\_ am/pm

Weekends \_\_\_\_\_ : \_\_\_\_\_ am/pm

	7 times Always 4	5-6 times Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
1. Child goes to bed at the same time at night.					
2. Child falls asleep within 20 minutes after going to bed.					
3. Child falls a sleep alone in own bed.					
4. Child falls asleep in parent's or sibling's bed.					
5. Child falls asleep with rocking or rhythmic movements.					
6. Child needs special object to fall a sleep (doll, special blanket, stuffed animal, etc.).					
7. Child needs parent in the room to fall asleep.					
8. Child resists going to bed at bedtime.					
9. Child is afraid of sleeping in the dark.					

*Dr. B. Srinivas*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddyapalem,  
NELLORE - 524 003.



**Dr.YSR UNIVERSITY OF HEALTH SCIENCES :: VIJAYAWADA :: A.P**

Lr.No.4723/A5/FRG/2023

Date: 24-07-2024

To  
All the Faculty Members selected for  
Faculty Research Grant 2023.

Sir / Madam,

Sub: Dr.YSRUHS – Research Wing – Selected Candidates for FRG 2023 – To submit the IEC, Six months project report, undertaking on a stamp paper & Details of Joint Account to the University – Intimation – Reg.

Ref1:- Lr.No.4723/A5/FRG/2023, dated 11/10/2023.

2:- Orders of the Vice Chancellor dt. 07-2024

\*\*\*\*\*

In continuation to this office letter in the reference 1<sup>st</sup> cited, I am by direction to inform you that the Faculty selected for Research Grants 2023 should submit the following as per the FRG Regulations.

1. To submit the Original copy of Undertaking shall be in a stamp paper signed by the Principal Investigator & Head of the Institute stating that the project work shall be conducted as per the rules and regulations of Dr.YSR UHS, Vja.
2. To submit the Original copy of six months project report shall be submitted by the Principal through proper channel.
3. To obtain a clearance from the Institutional Ethics Committee (IEC), if the Proposal involves Institutional Animal Ethics Committee (IAEC). If the work involves the use of animals be same should be submitted to the University (Original Copy).

If already Original documents submitted this may please ignored.

This is for your information & necessary action.

Yours faithfully

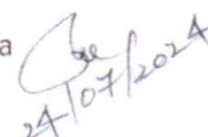
  
REGISTRAR

Copy to the Principal of respective colleges.

Copy to PS to Vice Chancellor/PA to Registrar, Dr.YSR UHS, Vijayawada

  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

  
24/07/2024

**Dr.YSR UNIVERSITY OF HEALTH SCIENCES**  
**Faculty Research Grant 2023**

S No	Name of the applicant	College	Bank Details	IEC Submission	Undertaking Form	Initial /Six Months Project report
1	Dr B Devi Madhavi Prof & HOD of Community Medicine	Rangaraya Medical College, Kakinada	Submitted	Not Submitted	Submitted on 14-12-2023	Submitted
2	Dr M Chandra Lekha Asst Prof of Plastic Surgery	Govt General Hospital, Guntur	Submitted	Not Submitted	Not Submitted	Not Submitted
3	Dr R Sudhakar Assoc Prof of Pathology	NRI Institute of Medical Sciences, Chinakakani	Submitted	Submitted on 05th March 2024	Submitted on 05th March 2024	Submitted Initial Project report on 05th March 2024
4	Dr N Partha Sarathy Prof & HOD of Community Medicine	Alluri Sita Rama Raju Academy of Medical Sciences, Eluru	Submitted	Not Submitted	Submitted on 18/12/2023	Not Submitted
5	Dr N Sridevi Prof of Biochemistry	Govt Siddhartha Medical College,	Submitted	Submitted on 29th Nov 2023	Not Submitted	Not Submitted

*Dr. B. Anuj*  
Principal



S No	Name of the applicant	College	Bank Details	IEC Submission	Undertaking Form	Initial /Six Months Project report
11	Dr V Venkata Ramana Murthy Prof of Oral & Maxillofacial Surgery	Anil Neerukonda Institute of Dental Sciences, Visakhapatnam	Not Submitted	Submitted Xerox	Submitted xerox copy	Submitted through email
12	Dr G Kiranmayi Assoc Prof of Conservative Dentistry & Endodontics	Narayana Dental College & Hospital, Nellore	Submitted	submitted on 02-03-2024	submitted on 02-03-2024	Initial Project report submitted on 02-03-2024
13	Ms J Anusha Asst Prof of Community Health Nursing	Sree Narayana Nursing College, Nellore	Submitted	Submitted on 06-12-2023	Submitted on 06-12-2023	Initial Project report submitted on 04-03-2024
14	Mrs G Thejovathi Assoc Prof	Narayana College of Nursing, Nellore	Submitted	Submitted on 06-12-2023	Submitted on 06-12-2023	Initial Project report Submitted on 01-03-2024

  
 Dr. B. Babu  
 Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
 NELLORE - 524 003

**Six Months  
Report of Funding  
project**



**NARAYANA**  
**COLLEGE OF NURSING**  
**NELLORE**

Date: 29.02.2024

To  
**The Director (Research & Development)**  
Dr. YSR University of Health Sciences,  
Vijayawada – 520 008.  
Andhra Pradesh

**Respected Madam/Sir**

Sub: Narayana Nursing College, Nellore – Submission of the initial project report – Reg.

Ref: Dr. YSRUHS, Vijayawada letter No. 4723/A5/FRG/2023, dated 11.10.2023.

\*\*\*\*\*

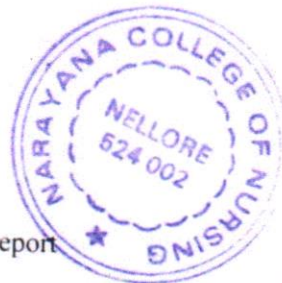
As per the reference cited above, herewith we are submitting the initial project report for the academic year 2023-24. The undertaking form, IEC, and joint account details have been submitted previously. Kindly review the attached document and disburse 40% of the fund to continue further research work.

Thanking you,

Yours Sincerely,

(Dr.B. VANAJA KUMARI)

*Thyovathis*  
**PRINCIPAL INVESTIGATOR**  
Principal Investigator  
Narayana College Of Nursing  
Chinthareddypalem, Nellore-524003



*B. Vanaja*  
**PRINCIPAL**  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**Encl:**

1. Six months of initial project report

*Dr. B. Vanaja*

**DR.YSR UNIVERSITY OF HEALTH SCIENCES,VIJAYAWADA**

**Six Months Progress Report of Faculty Research Grant**

**Narayana College of Nursing  
Chinthareddypalem, Nellore-524003**

**INDEX**

<b>S.No</b>	<b>Heads of Content in report</b>
<b>1.</b>	<b>Detail initial Project report</b>
<b>2.</b>	<b>Data Collection Tools</b>
<b>3.</b>	<b>Undertaking letter – submitted earlier</b>
<b>4.</b>	<b>IEC clearance Certificate - submitted earlier</b>
<b>5.</b>	<b>Joint Bank account details - submitted earlier</b>

*DYBhany*  
Principal

**NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003**



**Dr. YSR UNIVERSITY OF HEALTH SCIENCES::ANDHRA PRADESH**  
**FACULTY RESEARCH GRANTS - 2023**

Lr.No.4723/A5/FRG/2023

Date.11.10.2023

Dear **Mrs G Thejovathi**  
**Assoc Prof,**

Dr. YSR University of Health Sciences is pleased to sanction Faculty Research Grant for your Research Proposal titled "**A LONGITUDINAL STUDY ON EFFECT OF FREQUENT SMART PHONE USAGE ON QUALITY OF SLEEP AND MENTAL HEALTH AMONG MOTHERS OF PRIMARY SCHOOL CHILDREN, NELLORE A.P IN A VIEW TO DEVELOP AWARENESS PAMPHLET**". Your Research Grant No. is DRYSRUHS/FRG2-2023 and the number should be mentioned in any further communication with the University.

Following are the Guidelines for utilization of funds, reporting of progress and other matters related to the Grant:

1. The total amount of each grant is not more than rupees two lakhs (Rs.2,00,000/-). This grant may be utilized for purchasing consumables, travel related to the project and overhead expenses. Equipment, laboratory and other facilities should be provided by the institution.
2. The total duration of the project is for two years.
3. The budget will be released in the ratio of 40:40:20 in three phases subject to satisfactory progress of the research work.
4. The host institution should maintain a separate account in a Authorized bank jointly operated by the Principal/Dean of the college and the Principal Investigator (PI). The details of Joint Account should be furnished by **31.10.2023**. The audited statement should be submitted to the University every year.
5. If the college discontinues the project or the progress is not satisfactory, the University deserves the right to discontinue the project. In such a case the Principal/Dean and Principal Investigator will have to refund the entire grant paid for the project work.
6. A six-monthly project report shall be submitted by the Principal through proper channel.

*Dr. B. Anjali*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003



7. The Principal Investigator should publish minimum of one scientific article related to the project in UGC CARE listed journals. The article should be submitted along with final report of the research project.
8. The University should be acknowledged in all the publications/presentations at conferences arising out of the project work.
9. The patents and copy rights of the project work will be the sole property of the University.
10. The final report of the research project shall be submitted within one month of completion of the project.
11. An undertaking stating that the project work shall be conducted as per the rules and regulations of Dr.YSRUHS should be given on a stamp paper by the Principal Investigator and the Head of the Institution.
12. The faculty should obtain a clearance from the Institutional Ethics Committee (IEC) if the proposal involves research on human participants and from Institutional Animal Ethics Committee (IAEC) if the work involves the use of animals and same should be submitted to the University on or before 30.11.2023.

Sd/-REGISTRAR

// ATTESTED //

*From*  
*13/10/23*  
JOINT REGISTRAR (ACADEMIC)

To,  
Mrs G Thejovathi  
Assoc Prof  
Narayana College of Nursing,  
Chintareddypalem,  
Nellore - 524 002.

Copy to the concerned Principal.

*Dr. B. S. Srinivas*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**DR.YSR.UNIVERSITY OF HEALTH SCIENCES,VIJAYAWADA**

**Six Months Progress Report of Faculty Research Grant**

1. **Project title:**

A Longitudinal Study on Effect Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore, A.P in a view to develop awareness pamphlet.

2. **PI(name&address):**

MrsThejovathi, Assoc. Prof  
Child Health Nursing Dept  
Narayana College of Nursing.  
Narayana Medical College and Hospital Campus- Staff Quarters  
ChinthareddyPalem, Nellore- 524003

3. **Co-PI(name&address)**

**Co- Principal Investigator 1**

Dr. Vanaja Kumari, Principal  
Community Health Nursing  
Narayana College of Nursing.  
Narayana Medical College and Hospital Campus- Staff Quarters  
Chinthareddypalem, Nellore- 524003.

**Co-Principal Investigator 2**

Dr. Smitha P.M  
HOD of Mental Health Nursing  
Narayana College of Nursing.  
Narayana Medical College and Hospital Campus- Staff Quarters  
Chinthareddypalem, Nellore- 524003.

4. **Dateofstart:** Proposal development started: 01.08.23  
Project work started 16.10.23.

5. **Duration:** 2 years (16/10/23 to 16/10/25)  
Submission of Final project 30/11/26

*Dr. B. Anuj*  
Principal

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NELLORE - 524 003

## 6. Objectives of the proposal:

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use and Poor mental health among primary school children.
4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.
5. To identify the association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

### Hypotheses:

H01: There is no correlation between frequent smart phone use and quality of sleep among primary school children.

H1: There is a positive correlation between frequent smart phone use and quality of sleep among primary school children.

H02: There is no correlation between frequent smart phone use and poor mental health among primary school children.

H2: There is a correlation between frequent smart phone use and poor mental health among primary school children.

H03: There is no correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children

H3: There is a positive correlation between frequent smart phone use on quality of sleep and poor mental health among primary school children.

H04: There will be no significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

*Dr. B. Anuraj*  
Principal

NARAYANA COLLEGE OF NURSING  
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NELLORE - 524 003

H4: There is a significant association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

## 7. **Methodology:**

In this study Qualitative research approach longitudinal research design will be used, 380 primary school children between the age group of 6 to 11 years will be recruited as sample by using lottery method of simple random sampling from major revenue areas like Atmakur, Lingasamudram, Kavali and Venkatachalem of Nellore. The quality of sleep and Poor mental health will be assessed by children sleep rating scale, self satisfactory scale and self index anxiety scale. Institutional Ethics clearance was obtained in the month of September 2023 the reference No: 02/NR/FFP/NCON/2023, sample survey was done in the month of January 2024 after development of awareness pamphlet planned to do data collection, once in four months planned periodic assessment in 2024 and 2025 to collect accurate data and data will analyzed by Descriptive Statistics: Frequency, percentage, Mean and Standard deviation Inferential Statistics: Correlation, Chi square and Paired t test. Planned to distribute awareness pamphlet which consist of effects of long term usage of mobile phones on children.

## 8. **Interim modification of objectives / methodology (if any)**

### **Operational Definitions**

#### **Longitudinal study**

It refers that repeated observations of frequent smart phone usage on Quality of sleep and on poor mental health among primary school children over long period of time from 10-11-23 to 10-11-25.

*Dr. B. Shree*  
Principal

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### **Effect**

It refers to there will be a change due to frequent smart phone usage on quality of sleep and mental health among primary school children.

### **Smart phone**

It refers to mobile phone that performs many of the functions of a computer, typically having a touch screen interface, internet access, and an operating system capable of running downloaded apps.

### **Quality of Sleep**

It refers that as child satisfaction of the sleep experience recommended 9-12 hrs integrating aspects of sleep initiation, sleep maintenance, sleep quantity, and refreshment upon awakening.

### **Poor Mental Health**

It refers that the primary child has the manifestations of loneliness, depressive symptoms, perceived stress, and low life satisfaction due to effect of frequent smart phone usage.

### **Mothers**

In order to gather information on the mental health of children who are unable to give correct information to the investigator will select their mother as a sample who has children between the ages of 6 and 8 years.

### **Primary School Children:**

Any child male or female, between the ages of six to eleven is considered as a primary school children. The researcher will use the mothers of the children aged 6 to 8 as a sample, and from the age of 8 years and 1 month to 11 years, the researcher will obtain data directly from the children.

### **Awareness Pamphlet:**

It is a single sheet of paper with a trifold cover that includes the relevant information along with photographs about the negative effects of mobile phones on children's physical and mental health.

*Dr. B. Anuj*  
Principal  
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**Note: No changes made; I just wanted to draw your attention to the definition provided by the researcher for mothers and primary school children.**

- 9. Detail progress of the work carried out during the period under following heads (Title, Introduction, Rationale, Objectives, Methodology, Results, Translational Potential)**

**Title:**

A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet.

**Introduction:**

*“Good habits formed in youth make all the difference.”*

*-Aristotle*

Children are vital to the nation's present and its future. Parents, grandparents, aunts, and uncles are usually committed to providing every advantage possible to the children in their families, and to ensuring that they are healthy and have the opportunities that they need to fulfill their potential with free from addictions like frequent usage of smart phones, anti social activities and un healthy habits ets.<sup>1</sup> In the new era, the children are exposed to technology at younger ages than ever before. There are different types of radiations generated by mobile phones and wireless devices, microwave radiations, ionizing and non-ionizing radiations. Cell phones have non-ionizing radiations. Mobile phones send radio-frequency waves from its transmitting unit or antenna to nearby cell towers. When people make or receive a call, send or receive text, or use data, our phone receives radio-frequency waves to its antenna from cell towers.<sup>2</sup>

*Dr. D. Srinivas*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
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Most children use their smart phones before going to bed. They could either be staying up late talking to their friends or playing games, watching videos or just scrolling through social media. This mindless staring at smart phones at late hours over a period of time causes fatigue and restlessness, as using any electronic devices late at night can lead to reduced sleep timing. This is caused due to the emission of blue light, which all digital devices emit and are known to be harmful to our eyes, and also trick our brain into thinking that it is still daytime.<sup>3</sup> Sleep is a physiological state of unawareness which is regulated homeostatically.<sup>4</sup> Almost one-third of our lives are spent while sleeping.<sup>5</sup> Sleep plays an important role in cognitive and physical functions, cellular toxin removal, disease prevention and restoration of both mind and body. Proper sleep is especially important for children and adolescents.<sup>6</sup>

The World Health Organization (WHO) published a series of recommendations to parents regarding the exposure of children of different age groups to digital technologies. Children under the age of 5 should not spend more than 60 minutes a day in passive activities in front of a smartphone, computer or TV screen. Children under 12 months of age should not spend even a minute in front of electronic devices. The goal is for boys and girls up to 5 years old to change electronics for physical activities or practices that involve interactions in the real world, such as reading and listening to stories with caregivers.<sup>5</sup> These guidelines are part of the strategy for awareness on sedentary lifestyle and obesity by the Organization of United Nations (UN).<sup>7</sup>

*Dr. B. Srinivas*  
Principal  
NARAYANA COLLEGE OF NURSING  
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New studies also suggest that an hour a day spent with their smartphones plays a significant part in the rise of depression and anxiety among children. An observational study showed that spending more than a few hours per week using electronic media correlated negatively with self-reported happiness, life satisfaction and self-esteem, whereas time spent on non screen activities (in-person social interactions, sports or exercise, print media, homework, religious services, working at a paid job) correlated positively with psychological well-being, among children.<sup>8</sup>

Hence this study is planned to assess the effect of frequent smart phone usage on quality of sleep and poor mental health among primary school children and to develop awareness pamphlet.

### **Rationale of the Study:**

In India, an estimated 26 millions of children are born every year. As per Census 2011, the share of children (0-6 years) accounts 13% of the total population in the Country. The child health programme under the National Health Mission (NHM) comprehensively integrates interventions that improve child survival and addresses factors contributing to infant and under-five mortality.

Children are constitute one of the most vulnerable groups for practicing risky and addicted to bad habits. According to common sense media reported that 42 percent of kids have a phone by age 10. By age 12, it's 71 percent. By 14, it's 91 percent. According to a report released in 2017 by Common Sense Media spend the following amount of time each day using digital devices.

*Dr. B. Anji*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

- Kids under 2 years of age spend on average 42 minutes per day
- Kids ages 2 to 4: 2.5 hours per day
- Children ages 5 to 8: spend an average of nearly 3 hours per day
- For 8- to 12-year-olds, the average time spent using screen media every day was 4 hours and 36 minutes.<sup>12</sup>

Organizations around the globe like the American Academy of Pediatrics (AAP) and the World Health Organization (WHO) have suggested various screen limit guidelines.

According to the research conducted by Barna Group for Andy Crouch's book *The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place*:

- 64% of school age children watch television or movies after school, regardless of their age group.
- Almost half of kids age 9–17 play video games, 48% of children between 14 and 17 years spend their free time on social media or texting with friends.
- One in four teens spends time browsing online.

A cross-sectional study was conducted using a semi-structured questionnaire. The association of physical and mental health variables with the demographic variables was examined using Pearson's correlation and  $\chi^2$ -test. The binary logistic regression model was further used to predict the probabilities of negative impact on personality due to excessive use of cell phones. By Muhammad Daniyal. The study highlights a significant association between excess use of cell phones and negative effects on physical and mental health wellbeing.<sup>9</sup>

In India there is a general lack of literature which conclusively elaborates on the effects of technologies and the internet on the

*D. Reddy*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

psycho-social state of children. However, it should also be noted that the use and reach of mobile phones among children in India, like elsewhere in the world, is at an all time high. Unlike any other preceding generations, the present generation of children in India has been growing up with mobiles and smart devices since birth. With the advent of the COVID-19 pandemic, use of information and communication technology tools and video conferencing platforms, to compensate for classroom engagement, has witnessed rapid and widespread acceptance. Use of such devices by children is only going to increase in future.<sup>10</sup>

Good health is above wealth, but majority of us undermine our personal health, and become more careless about our children's mental and physical state day-by-day, caused by the excessive usage of cell phones. A recent survey found that 92% of world population has mobile phones today. Among which 31% admit that they never turn off their mobile phones. More than 90% of parents provide their kids cell phones, so they can easily keep in touch whenever they want to. As a result, the researcher designs this study to educate mothers and Primary school children about the negative effects of cell phone use and how to break the habit by using an awareness pamphlet to save the nation because today children are tomorrow citizens.

### **Objectives:**

1. To assess the effect of frequent smart phone usage on the quality of sleep and poor mental health among primary school children.
2. To investigate the correlation between frequent smart phone use and quality of sleep among primary school children.
3. To investigate the correlation between frequent smart phone use

*Dy. B. Srinivas*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

and Poor mental health among primary school children.

4. To investigate the correlation between frequent smart phone use on quality of sleep and Poor mental health among primary school children.

5. To identify the association between frequent smart phone use on quality of sleep and Poor mental health among primary school children with selected Demographic variable.

### **Methodology:**

**Type of Research:** Qualitative research

**Study Design:** Longitudinal research design

**Study setting:** The study will be carried out at atmakur, lingasamudram, kavali, venkatachalem these all major areas of 4 revenues of Nellore District, A.P.

**Target Population:** Primary school children between the age of 6-11 yrs.

**Study Sample:** Study participants will be primary school children between the age group of 6 to 11 years in selected areas of Nellore.

**Sample size calculation:**

Confidence level: 95%

Margin of error: 5%

Estimated Population: 20,000

Response distribution: 40%

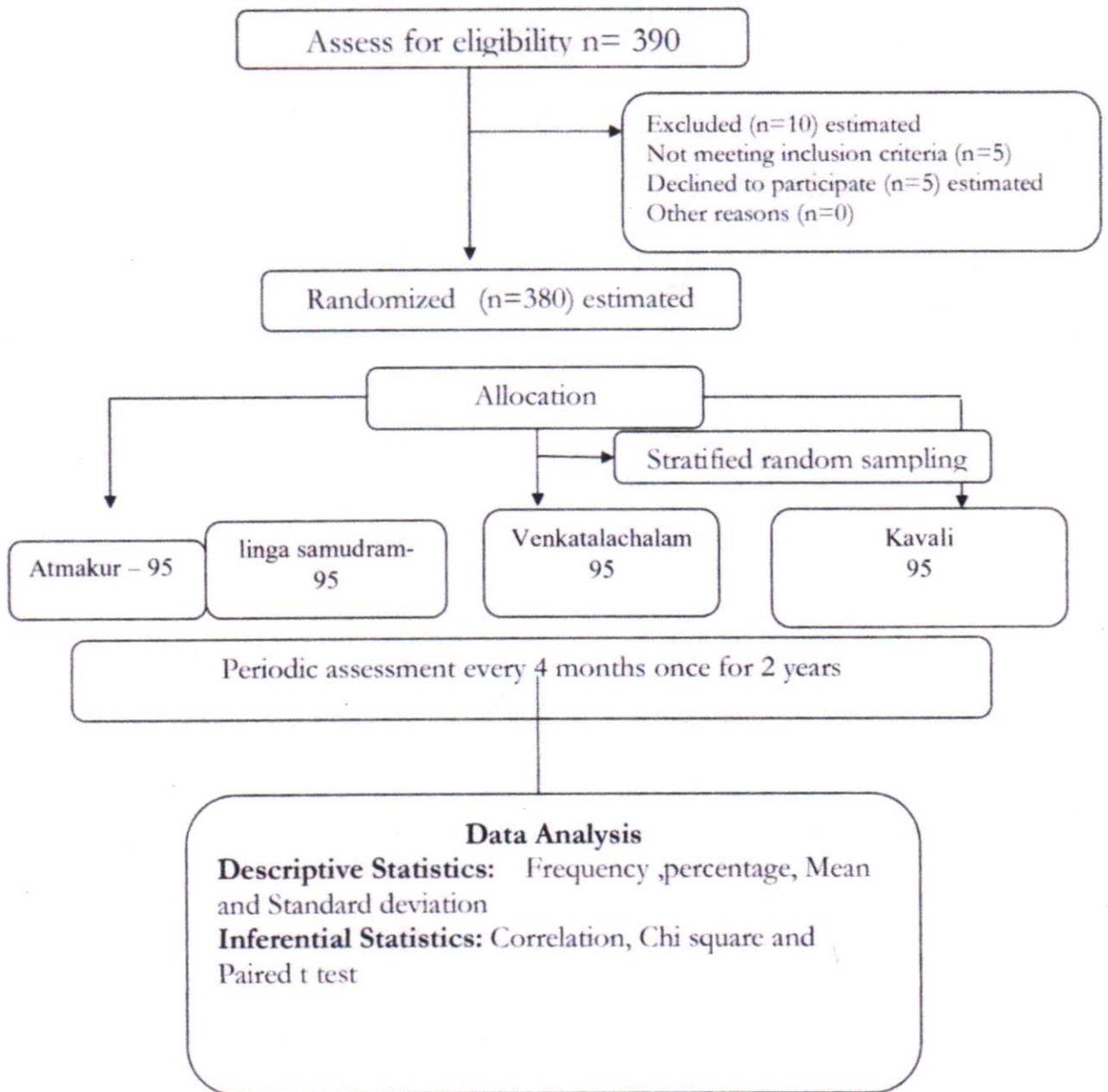
Assuming confidence interval 95%, Margin of error 5%, estimated population 20,000 and response distribution will be 40% by above the estimated sample size is 377.

Sample size is 377

**Sampling technique:** Simple random sampling technique.

*D.V. Dhananjay*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

CONSORT flow diagram of the three study groups.



*Dy. Principal*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

## **DEVELOPMENT AND DESCRIPTION OF TOOL:**

The tool for data collection consists of two parts

### **PART-I:**

#### **SOCIO DEMOGRAPHIC DATA**

This section consists of information about the demographic details of the study sample.

### **PART-II**

#### **SECTION-A**

#### **The Questionnaire consist of combination of Likert Type And Open-Ended Questions**

The questionnaire consists of a combination of Likert type and open-ended questions (later converted to scaled scores using provided guidelines). Primary school age children will be asked to indicate how frequently they have experienced certain sleep difficulties over the past month and to rate their overall sleep quality. Scores for each question range from 0 to 3, with higher scores indicating more acute sleep disturbances.

The scale consist of 0-21 points

#### **Score Interpretation:**

<b>S.no.</b>	<b>Score</b>	<b>Level of Sleep difficulty</b>
1	0-29	No Sleep difficulty
2	29.1- 58.6	Moderate sleep difficulty
3	58.7-88	Severe Sleep difficulty

#### **SECTION-B**

#### **CONSIST OF MAJOR DEPRESSION INVENTORY SCALE**

The Scale consist of 10 items, each item scored as 0-5 likert scale, the raw score ranges from 0-50

*Dy. B. Chandy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

confidentiality will be maintained throughout the study.

### PLAN OF DATA ANALYSIS

Data entry and statistical analysis will be performed with the help of MS Excel and Jamovi software.

Statistics	Methods	Description
Descriptive statistics	Frequency, percentage, means, standard deviation.	To describe the demographic variables. To describe the average scores of periodic assessment
Inferential statistics.	Correlation coefficient	To investigate the correlation between <ul style="list-style-type: none"><li>• Frequent usage of mobile and quality of sleep.</li><li>• Frequent usage of mobile and poor mental health</li><li>• Quality of sleep and Poor mental health</li></ul>
	Pairedt'' test.	To compare the results of the periodic assessment of sleep quality, poor mental health
	Chi-square test	To analyze the association between the selected demographic variables with the scores periodic assessment.

*Dr. B. Chinn*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

### **An average**

AtmakurMandal : 5900

LingaSamudram: 4800

Kavali: 15000

Venkatachalam: 6900

Estimated primary school children population among selected revenues of Nellore: 19,100.

Not yet started Data collection.

### **Translational Potential:**

- Based on future findings from the current study School teachers, school administrator, students and parents should be sensitizing on the influence of mobile phone usage on academic performance, physical and mental health among primary school children.
- Seminar, Conferences, Workshops should be planned in school, community areas on influence of mobile phone usage on academic performance, physical and mental health among primary school children to bring awareness among parents, students, teachers and stakeholders.
- Student should be sensitized and advised by the teachers, parents on the frequency or number of hours or time spent in mobile phone usage and its influence on academic performance, physical and mental health.

#### **10. Research work which remains to be done under the project:**

- Develop Awareness pamphlet.
- Selection of sample by simple random sampling.
- Reliability and validity of tool (Pilot study)
- Data Collection
- Data Analysis
- Results and Conclusion

*Dr. B. Chinnji*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

11. **Applied value of the project:**

This study is to investigate the potential effects of frequent smart phone use on poor mental health (depressive symptoms, anxiety level, perceived stress, and low life satisfaction) and sleep quality in Primary school children. Raise awareness among parents of Primary school-aged children and teachers by distributing an awareness booklet. By doing so, we may encourage parents to share knowledge and lessen their tendency to use their phones excessively.

Like

1. Selected Parents → Neighbors, relatives, teachers and community leaders
2. Selected primary school children → friends
3. Community Leaders → Bring policies, develop workshops on effects of frequent usage of phones

12. **Any publications related to the project:**

No at present but planning to do publications in future before submission of final project to Dr.Y.S.R.U.H.S, Vijayawada.

13. **Any patents applied for:** No

Date:29-02-2024

Signature *Thajovathi*

Designation: Associate Professor

Principal Investigator  
Narayana College Of Nursing  
Chinthareddypalem, Nellore-524003



*D.V. Prasad*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

ANUEXURE-III

PART-I  
DEMOGRAPHIC DATA

1. Age (years) \_\_\_\_\_
2. Age of Mother \_\_\_\_\_
3. Gender ( )
  - a) Male
  - b) Female
4. Education ( )
  - a) 1<sup>st</sup> standard
  - b) 2<sup>nd</sup> standard
  - c) 3<sup>rd</sup> standard
  - d) 4<sup>th</sup> standard
  - e) 5<sup>th</sup> standard
- 5) Schooling ( )
  - a) Private school with state syllabus
  - b) CBSC schooling
  - c) International schooling
  - d) GOVT school.
- 6) Family Income ( )
  - a) Up to 5,000
  - b) 5001-10,000
  - c) 10, 0001-20,000
  - d) Above 20,000.
- 7) No.of Primary school children in the family ( )
  - a) 1
  - b) 2
- 8) Smart phone usage ( )
  - a) Yes
  - b) No
- 9) Smart phone usage at bedtime ( )
  - a) Yes
  - b) No

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Principal

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Chinthareddypalem,  
NELLORE - 524 003

10) Number of time smart phone has been used per day ( )

- a) Once
- b) twice
- c) thrice
- d) more than thrice

11) Time spent using smart phone at once ( )

- a) 15 Min
- b) 16 - 30 min
- c) 31 - 45 Min
- d) 46- 60 Min
- e) >60 min

12) Purpose of using smart phone ( )

- a) Study
- b) Playing Games
- c) Watching purposeless videos
- d) Others

12) Area of using smart phone ( )

- a) In school
- b) In Home
- c) In play ground
- d) Others

13. Spend time for physical Play( )

- a) None
- b) 0- 30 min
- c) 31 min - 1 hr
- d) More than 1hr

*Dr. S. Anji*  
Principal

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ANUEXURE-IV

PART-II

Section- A  
**CHILDREN'S SLEEP HABITS QUESTIONNAIRE**

The following statements are about your child's sleep habits and possible difficulties with sleep. Think about the past month in your life when you answer the questions. If last week was unusual for a specific reason, choose the most recent typical week. Unless noted, check Always if something occurs every night, Usually if it occurs 5 or 6times a week, Sometimes if it occurs 2to 4times a week, Rarely if it occurs once a week, and

	7 times Always 4	5-6 times Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
1. Child goes to bed at the same time at night.					
2. Child falls asleep within 20 minutes after going to bed.					
3. Child falls a sleep alone in own bed.					
4. Child falls asleep in parent's or sibling's bed.					
5. Child falls asleep with rocking or rhythmic movements.					
6. Child needs special object to fall a sleep(doll, special blanket, stuffed animal, etc.).					
7. Child needs parent in the room to fall asleep.					
8. Child resists going to bed at bedtime.					
9. Child is afraid of sleeping in the dark.					

Never if it occurs less than once a week.

**BEDTIME**

Write in your child's usual bed time :Week nights \_\_\_\_\_:\_\_\_\_\_ am/pm

Weekends \_\_\_\_\_:\_\_\_\_\_ am/pm

**SLEEP BEHAVIOR**

Write in your child's usual amount of sleep each day  
(combining night time sleep and naps):

\_\_\_\_\_ hours and \_\_\_\_\_ minutes

*Dr. Bobhuji*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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	7 Always	5-6 Usually	2-4 Sometimes	1 Rarely	0 Never
17. Child wakes up once during the night.					
18. Child wakes up more than once during the night.					
	7 Always 4	5-6 Usually 3	2-4 Sometimes 2	1 Rarely 1	0 Never 0
10. Child sleeps about the same amount each day.					
11. Child is restless and moves a lot during sleep.					
12. Child moves to someone else's bed during the night (parent, sibling, etc.).					
13. Child grinds teeth during sleep (your dentist may have told you this).					
14. Child snores loudly.					
15. Child awakens during the night and is sweating, screaming, and inconsolable.					
16. Child naps during the day.					
Write in the number of minutes the nap usually lasts: _____ minutes					

**MORNING WAKEUP**

Write in the time child usually wakes up in the morning: Weekdays -----am/pm

Weekends----- am/pm

	7 Always	5-6 Usually	2-4 Sometimes	1 Rarely	0 Never
19. Child wakes up by him/herself.					
20. Child wakes up very early in the morning (or, earlier than necessary or desired).					
21. Child seems tired during the day time.					
22. Child falls asleep while involved in activities.					

*Dr. B. Anuj*  
 Principal  
**NARAYANA COLLEGE OF NURSING**  
 Chinthareddypalem,  
 NELLORE - 524 003

ANUEXURE-V

PART-II

Section-B

Self satisfaction Inventory Index scale

S.No	Howmuchofthetime...	All of the time 5	Most of the time 4	More than half of the time 3	Lessthanhalfof thetime 2	Someof thetime 1	Atnotime 0
1.	Have you felt in low spirits or sad?						
2.	Have you lost interest in your daily activities?						
3.	Have you felt lacking in energy and strength?						
4.	Have you felt less self-confident?						
5.	Have you had a bad conscience or feelings of guilt?						
6.	Have you felt that life wasn't worth living?						
7.	Have you had difficulty in concentrating, e.g. when reading the newspaper or watching television?						
8a.	Have you felt very restless?						
8b.	Have you felt subdued?						
9.	Have you had trouble sleeping at night?						
10a.	Have you suffered from reduced appetite?						
10b.	Have you suffered from increased appetite?						

*Dy. B. Anuj*  
Principal

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Chinthareddypalem,  
NELLORE - 524 003

## ANUEXURE-VI

### Section-B

#### Self-Rating Anxiety Scale(SAS)

For each item below, please place a check mark (☐) in the column which best describes how often you felt or behaved this way during the past several days.

Place check mark (☐) in correct column.	A little of the time 1	Some of the time 2	Good part of the time 3	Most of the time 4
1 I feel more nervous and anxious than usual.				
2 I feel afraid for no reason at all.				
3 I get upset easily or feel panicky.				
4 I feel like I'm falling apart and going to pieces.				
5 I feel that everything is all right and nothing bad will happen.				
6 My arms and legs shake and tremble.				
7 I am bothered by headaches, neck and back pain.				
8 I feel weak and get tired easily.				
9 I feel calm and can sit still easily.				
10 I can feel my heart beating fast.				
11 I am bothered by dizzy spells.				
12 I have fainting spells or feel like it.				
13 I can breathe in and out easily.				
14 I get feelings of numbness and tingling in my fingers & toes.				
15 I am bothered by stomach aches or indigestion.				
16 I have to empty my bladder often.				
17 My hands are usually dry and warm.				
18 My face gets hot and blushes.				
19 I fall asleep easily and get a good night's rest.				
20 I have nightmares.				

*D. B. Anuj*  
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## References:

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Dr. B. Srinivas  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



ఆంధ్రప్రదేశ్ ఆంధ్ర ప్రదేశ్ ANDHRA PRADESH

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Narayana college of Nursing, Principal  
For Whom : Self

B. Vanaja Kumari  
Principal  
Nellore

#### DECLARATION

We, Dr. Vanaja Kumari, B. Principal, Narayana College of Nursing, Nellore and Ms. Thejovathi, Associate Professor, Narayana college of Nursing, Nellore (Principal investigator) declare that the project work will be conducted as per the rules and regulations/ Guidelines for faculty grant-2023 by Dr. YSRUHS issued on 07-08-2023. We assure that we will complete the project in the Timelines stipulated by the University for the completion of the project (January/2025) and utilize the grant for the project purpose only.

Project title: A Longitudinal study on effect of frequent smart phone usage on quality of sleep and mental health among mothers of primary school children, Nellore A.P in a view to develop awareness Pamphlet.

Yours faithfully

Thejovathi  
Principal Investigator  
Principal Investigator  
Narayana College Of Nursing  
Chinthareddypalem, Nellore-524003

Dr. B. Arun

B. Arun  
Principal  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

INSTITUTIONAL ETHICS COMMITTEE  
NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore Ph : 0861 - 2317969 Fax: 0861 - 2311968  
Registration Approved by Central Drugs Standard Control Organization  
Reg. No. CDRI/1483/2004AP/2020 New Delhi dated 29 Feb 2020

03 Sep 2023

02/NR/FFP/NCON/2023

To  
Mrs. Thejovathi, M.Sc.(N), Assoc. Prof  
Dept. of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem, Nellore, Andhra Pradesh

Sub: Ethical Clearance Certificate, Ref No 02/NR/FFP/NCON/2023 - Reg.

The members of committee reviewed and discussed the study proposal entitled

"A Longitudinal Study on Effect of Frequent Smart Phone Usage on Quality of Sleep and Mental Health among mothers of Primary School Children, Nellore. A.P, in a view to develop awareness Pamphlet".

Ethical committee has approved and none of the members voted against this study.

The present approval is valid only for three years, the investigator should take the re-approval after three years if any change, modification or deviation in the protocol or any event must be informed to the ethical committee and must apply for fresh IEC approval.



Member Secretary

IEC

Member Secretary

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



Chairperson

IEC

Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



**NARAYANA**  
COLLEGE OF NURSING

Chinthareddy palem, Nellore - 524003, A.P.

Ph: No. (0864) 2317959 | Fax: (0864) 2317960

Recognized by Andhra Pradesh Council of Health Sciences, A.P. & Health Services Commission

Affiliated to APN University of Health Sciences, A.P. Mangalagiri.

Accredited by: The Society for Quality Assurance in Health Care (SQA) (2012)

Website: www.narayana-college-of-nursing.com



DATE:08/11/2023

NELLORE

FROM,

G. Thejovathi (Principal Investigator)

Narayana College of Nursing,

Chinthareddy palem,

Nellore.

To,

The Registrar,

Dr. Ysr University of Health Sciences,

Vijayawada.

Respected sir/Madam,

Sub: Intimation regarding Joint Account opening.reg.

Sorry for the delayed response. This is for your kind information that we have started a new Joint Account in the State Bank of India, Nellore branch for the purpose of operating faculty research grant from DR.Y.S.R University.

Principal Investigator- G. Thejovathi,

Principal - B. Vanaja Kumari

Account No - 42422094715

IFSC CODE - SBIN0010686 ,

Address - State Bank of India, Ramalinga puram Branch, Nellore-524003.

This Account will be effective for the future transaction within effective from 07.11.2023.

Thanking you,



DR B. Vanaja

B. Vanaja  
PRINCIPAL

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddy palem,  
NELLORE - 524 003

**Funding Projects  
2023**

**Dr. YSR University of  
Health Sciences**

Dr.YSR UNIVERSITY OF HEALTH SCIENCES  
Under Graduate Student Research Scholarships Selected Candidate List - 2023  
(UGSRS 2023 Version 4.O (Nursing))

Sl. No	Application No	University Roll no	Name of the Student	Year	Title
1	23N023	19N101133054	Meghana Thomas	4th B.Sc	"EFFECTIVENESS OF BEHAVIOUR CHANGE COMMUNICATION (BCC) IN CONTROLLING THE ROAD RISK BEHAVIOURS AMONG YOUTH IN SELECTED COLLEGES AT CHITTOOR, A.P."
2	23N027	19N101133002	Ms.Akshika.V	4th B.Sc	"AN OBSERVATIONAL STUDY TOWARDS DEMOGRAPHIC PROFILING TO ASSESS HEALTH SEEKING BEHAVIOUR OF TRANSGENDERS IN CHITTOOR TOWN, ANDHRA PRADESH."
3	23N028	19N01133013	Cabolin Joshy	4th B.Sc	"A CORRELATION STUDY ON HAPPINESS INDEX AND QUALITY OF WORK LIFE AMONG NURSING PROFESSIONALS IN SELECTED HEALTH CARE ORGANIZATIONS, CHITTOOR, A.P."
4	23N032	19N101022025	MR.M.G.Hruthikeshan	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE AND ATTITUDE OF HPV VACCINATION AMONG ADOLESCENT GIRLS AT ZILLA PARISHAD GIRL'S HIGH SCHOOL, ARAGONDA
5	23N034	19N101022031	M Sumaiya	4th B.Sc	A STUDY TO ASSESS THE EFFECTIVENESS OF PSYCHO EDUCATION MODULE ON MANAGING ANGER AMONG ADOLESCENTS IN SELECTED COLLEGE AT CHITTOOR
6	23N045	19N101009049	Dona Thomas	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS OF INFORMATIVE PACKAGE ON BENEFITS OF COLOSTRUM AMONG PRIMIGRAVIDA-MOTHERS RESIDING AT VENKATACHALAM, NELLORE."
7	23N046	19N101009038	MS.Asathy K S	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS OF RESILIENCE FOCUSED APPROACH FOR COMORBID DEPRESSION AMONG INDIVIDUALS WITH TYPE-2 DIABETES MELLITUS AT SELECTED HOSPITAL, NELLORE, ANDHRA PRADESH."
8	23N048	19N101009094	Teena Renny	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS ON TOPICAL APPLICATION OF COCONUT OIL IN REDUCTION OF PRURITUS AMONG HAEMODIALYSIS PATIENT AT SELECTED HOSPITAL, IN NELLORE."
9	23N053	19N101043079	Rose Thomas	4th B.Sc	"TO ASSESS THE KNOWLEDGE REGARDING WEEKLY IRON AND FOLIC ACID SUPPLEMENTATION (WIFS) PROGRAMME AMONG THE MOTHERS OF SCHOOL GOING CHILDREN IN SELECTED RURAL AREAS, KUPPAM, CHITTOOR DISTRICT., ANDHRA PRADESH."

Principal  
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NELLORE - 524 003

Dr.YSR UNIVERSITY OF HEALTH SCIENCES  
Under Graduate Student Research Scholarships Selected Candidate List - 2023  
(UGSRS 2023 Version 4.O (Nursing))

Sl. No	Application No	University Roll no	Name of the Student	Year	Title
19	23N080	19N101162027	M.Vasudha Vani	4th B.Sc	"KNOWLEDGE ON FIRST AID MANAGEMENT OF SELECTED EMERGENCIES AMONG SECONDARY SCHOOL CHILDREN OF CHITTOOR DISTRICT."
20	23N082	19N101162026	Mohana Priya.S	4th B.Sc	"CANCER STIGMA AMONG THE CAREGIVERS OF CANCER PATIENTS."
21	23N093	19N101053049	S Sravani	4th B.Sc	A STUDY TO ASSESS THE EFFECTIVENESS OF PLANNED HEALTH EDUCATION PROGRAMME ON KNOWLEDGE REGARDING ANTENATAL CARE AMONG PRIMI GRAVIDA MOTHERS AT SELECTED URBAN HEALTH CENTRES, TIRUPATHI
22	23N096	19N101053024	Karlambakam Monisha	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE REGARDING EFFECTIVENESS OF VIDEO ASSISTED PROGRAMME ON CARDIO PULMONARY RESUSITATION AMONG SELECTED FIRST YEAR B.Sc NURSING STUDENTS AT SRI VIKAS COLLEGE OF NURSING TIRUPATHI."
23	23N099	19N101053019	Jyothala Siva Ranjani	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAM ON KNOWLEDGE REGARDING PREVENTION OF NEEDLE STICK INJURIES AMONG 1st YEAR BSC NURSING STUDENTS AT SRI VIKAS COLLEGE OF NURSING, TIRUPATHI."
24	23N100	19N101053015	G.Vijaya Lakshmi	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE REGARDING CHRONIC KIDNEY DISEASE AMONG DIABETES MELLITUS AND HYPERTENSIVE PATIENTS AT SELECTED RURAL AREAS, TIRUPATI."
25	23N118	19N101043045	Karthika P	4th B.Sc	A STUDY TO ASSESS THE KNOWLEDGE REGARDING MENSTRUAL CUP AMONG ENGINEERING STUDENTS STUDYING AT SELECTED COLLEGES, KUPPAM, AP

Note : The selected candidates are informed to submit the final project report of Under Graduate Student Research Scholarships (UGSRS – 2023) on or before 15-12-2023 without fail.

**REGISTRAR**

*[Handwritten Signature]*  
11/07/2023

Principal  
**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

Dr. YSR UNIVERSITY OF HEALTH SCIENCES :: A.P. :: VIJAYAWADA - 520 008

Lr.No.1963/A5/ACAD/UGSRS/2023

Date.16.05.2024

To  
The Principal,  
Narayana College of Nursing,  
Chintareddypalem,  
Nellore - 524 002.

Sir/Madam.

Sub : Dr. YSR UHS - Director (R & D) - Sending of DDs for selected candidates UGSRS 2023 - Reg.

\*\*\*\*\*

I am herewith enclosing the Demand Drafts towards sanction of Under Graduates Student Research Scholarship 2023 in respect of the following candidates who were selected for the said UGSRS-2023.

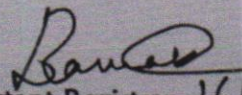
S.No	Application No	Name of the Student	College Name	Year	DD No	DD Date	Amount
1.	23N046	Aswathy K S	Narayana College of Nursing	4th B.Sc	974106	30-04-24	10,000/-
2.	23N048	Teena Renny	Narayana College of Nursing	4th B.Sc	974118	30-04-24	10,000/-

I am to request you to issue the DDs to the concerned students and obtain acknowledgement from each student and send the same to the University for record purpose.

Encl: As above

Yours faithfully  
SD/-REGISTRAR

//ATTESTED//

  
Assistant Registrar 16/05/24  
(Research Development)

Principal  
NARAYANA COLLEGE OF NURSING  
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NELLORE - 524 003

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AUTH. SIGNATORY

नाम पदनाम  
NAME DESIGNATION

ह.अ.स.  
S.P. No.

*Reddy*  
पाटली चैतन्यकुमार रेड्डी  
Potti Chaitanya Kumar Reddy  
सहायक प्रबन्धक/Assistant Manager

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NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

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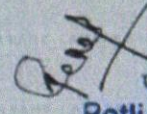
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 DRAWAL BRANCH, O.P. CODE

₹ एक लाख और ऊपर के लिए दो प्राधिकृत हस्ताक्षरकर्ताओं की हस्ताक्षर चाहिए।  
 Demand Drafts of ₹ 1 Lakh and above require signature of two authorised signatories.  
 Please sign above


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Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
 NELLORE - 524 003

# **Funding Projects 2022- Dr.YSRUHS**

**Dr.NTR UNIVERSITY OF HEALTH SCIENCES : Vijayawada - 520 008**  
**Under Graduate Student Research Scholarships Selected Candidate List - 2022**  
**UGSRS 2022 Version 3.0 (Nursing)**

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
1	22N001	Thonduru Aasha Govt College of Nursing, Kadapa	4th B.Sc Nuring	Dr.Pandhillapalli Maruthi Vara Lakshmi	ASSESS THE UTILIZATION OF NUTRITIONAL SERVICES AMONG ANTENATAL MOTHERS AT SELECTED ANGANWADI CENTERS, KADAPA	Approved
2	22N002	Vontimitta Geetha Govt College of Nursing, Kadapa	4th B.Sc Nuring	Dr.Modha Madhavi Lecturer of Nursing	EFFECTIVENESS OF STP ON EARLY DETECTION OF SAM (SERVE ACUTE MALUTRITION) AMONG ANGANWADI WORKERS AT SELECTED AREAS OF KADAPA DISTRICT	Approved
3	22N004	Madiri Shekina Blessy Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Kalyani Brungi Assoc Prof of MIDWIFERY & OBST Nursing	A COMPARATIVE STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON EARLY IDENTIFICATION AND MANAGEMENT OF HIGH RISK PREGNANCY AMONG WOMEN AT SELECTED RURAL AND URBAN COMMUNITY "KRISHNA DISTRICT - COMPARATIVE STUDY"	Approved
4	22N005	Pavithra Bhima Singh Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Vandana Jada Principal & Prof of OBST & GYNC	A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING TOMATO FLU VIRUS AMONG STUDENTS AT SELECTED COLLEGE - QUASI EXPERIMENTAL STUDY	Approved

  
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Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
5	22N006	Datti Deevana Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Kala Ramakuri Prof of Mental Health Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING DEPRESSION AMONG COVID PATIENTS OF SELECTED HOSPITAL - PRE EXPERIMENTAL STUDY	Approved
6	22N007	Jhansi Lakshmi Uppalapu Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Muppavarapu Prasanthi Asst Prof of Community Health Nursing	THE STUDY TO EVALUATE THE EFFECTIVENESS OF STUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING HOUSEHOLD WASTE MANAGEMENT AMONG WOEMEN OF AGE (20 - 60) YEARS RESIDING IN SELECTED COMMUNITY AREAS - QUASI EXPERIMENTAL STUDY	Approved
7	22N008	Sneha Songa Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Saranya Kondapalli Asst Prof of Child Health Nursing	A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTERED TEACHING PROGRAMME ON KNOWLEDGE REGARDING PREVENTION OF NOSOCOMIAL INFECTIONS IN CHILDREN AMONG THE STAFF NURSES IN SELECTED HOSPITAL - PRE EXPERIMENTAL RESEARCH DESIGN	Approved
8	22N009	Manikonda Anu Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Sireesha Sali Asst Prof of Medical Surgical Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING PREVENTION OF MONKEY POX VIRUS AMONG 2ND YEAR B.SC NURSING STUDENTS IN SELECTED COLLEGE - QUANTITATIVE STUDY	Approved

  
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Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
9	22N010	Bincy M Biju Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Mercy Mark Asst Prof of Nursing	A STUDY TO ASSESS EFFECTIVENESS ON STRUCTURED TEACHING PROGRAM ON KNOWLEDGE REGARDING CARE OF ARTERIOVENOUS FISTULA AMONG HEMODIALYSIS PATIENTS IN SELECTED HOSPITAL ANDHRA PRADESH	Approved
10	22N011	Daram Deepika Rani Dr.C.Shobhanadri Siddartha College of Nursing	4th B.Sc Nuring	Pavani Ravuri Assoc Prof of Community Health Nursing	A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING AWARENESS OF MENSTRUAL CUP AMONG SELECTED STUEDNTS AT SELECTED COLLEGE	Approved
11	22N012	R.Pooja Apollo College of Nursing	3rd B.Sc Nurisng	Dr.P.Anusha Asso Prof of Medical Surgical Nursing	PREVALENCE OF DEMENTIA AMONG ELDERLY RESIDENT OF RURAL COMMUNITY CHITTOOR, A.P, INDIA	Approved
12	22N013	S.Theja Sree Apollo College of Nursing	3rd B.Sc Nurisng	Dr.S.Subhashini Tutor of Medical Surgical Nursing	HEALTH PROFILE OF YANADI/YENADI COMMUNITY IN TRIBAL AREAS THAVANAMPALLI MADAL, CHITTOOR DISTRICT, A.P	Approved
13	22N014	P.Prathima Apollo College of Nursig	3rd B.Sc Nurisng	Dr.K.Kalpana Tutor of Mental Health Nursing	PREVALANCE OF ORTHOPEDIC ISSUES AMONG LATE ADULTHOOD AND ELDERLY. CHITTOOR(DIST) A.P - A DESCRIPTIVE STUDY	Approved
14	22N015	Muchinthala Sahitha Apollo College of Nursing	3rd B.Sc Nurisng	Dr.K.Poojitha Nursing tutor of Medical Surgical Nursing	PREVALENCE OF NON - COMMUNICABLE DISEASE AMONG HEALTHCARE PROFESSIONAL AND GENERAL PUBLIC - A COMPARATIVE STUDY	Approved

*Dr. B. Anand*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
15	22N016	Jeemol Susan Joseph Apollo College of Nursing	3rd B.Sc Nurisng	Dr.K LAVanya Asst Prof of Community Health Nursing	PREVALENCE OF PREDICTORS OF DRUG DEAULT AMONG TB CLIENTS	Approved
16	22N017	D L Durga Apollo College of Nursing	3rd B.Sc Nurisng	Dr.G.Thejovathi Assoc Prof of Child Health Nursing	DESCRIPTION OF EMERGENCY CASES DURING PRE, INTRA AND POST COVID- 19 PANDEMC REPORTED AT TERITARY CARE FACILITY, CHITTOOR, A.P - DESCRIPTIVE STUDY	Approved
17	22N018	Buchannagari Sahithya Apollo College of Nursing	3rd B.Sc Nurisng	Dr.Hindu BAi Lecturer of OBG	UTILIZATION OF AYUSH AN ALLIED HEALTH CARE PRACTICE BY GENERAL PUBLIC - A CROSS SECTIONAL STUDY	Approved
18	22N019	Reddyvari Dhanusha Apollo College of Nursing	3rd B.Sc Nurisng	Dr.John K R Emiretus Prof of Community Medicine	A CROSS SECTIONAL STUDY ON POST COVID - 19 HEALTH SEQUALAE AMONG TRIBAL FAMLIES AT CHITTOOR DISTRICT, A.P	Approved
19	22N020	M.L.Greeshma Latha Apollo College of Nursing	4th B.Sc Nurisng	Dr.P.Vani Viswanath Lecturer of Community Medicine of Nursing	ATTITUDE AND ACCEPTANCE OF PUBLIC TOWARDS PREMARITAL SCREENING FOR HIV, HCV AND HbsAg IN CHITTOOR,A.P - CROSS SECTIONAL STUDY	Approved
20	22N021	Nobel Anitta Maria Apollo College of Nursing	4th B.Sc Nurisng	Dr.U.Sreevidya Prof of OBST & GYN	ASSESSMENT OF KNOWLEDGE AND PRACTICES REGARDING PREVENTION AND IMMEDIATE INTERVENTIONS OF POSTPARTUM HAEMORRHAGE AMONG HEALTH CARE PROVIDERS AT SELECTED HEALTHCARE CENTRES MCH SERVICES AT CHITTOOR (DIST), A.P	Approved


  
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Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
21	22N022	K.Pavithra Apollo College of Nursing	4th B.Sc Nurisng	Dr.T.Jayanthi Principal of Medical Surgical Nursing	A COMPARATIVE STUDY ON QUALITY OF LIFE OF ELDERLY RESIDING AT OLD AGE HOMES AND ELDERLY RESIDING WITH FAMILIES, CHITTOOR & TIRUPATHI - ANALYTICAL CROSS SECTIONAL STUDY	Approved
22	22N023	A.M.Krishna Apollo College of Nursing	4th B.Sc Nurisng	Tirumala Indira Tutor of OBST & GYN	SOCIAL DIMENSIONS OF PEOPLE LIVING WITH HIV (PL WH) LOST TO FOLLOW - UP: EXPLORING WAYS TO OVERCOME	Approved
23	22N024	Swamy reddy Balaji Apollo College of Nursing	4th B.Sc Nurisng	Dr.Augustine Ellen Angellin Asst Prof of Child Health Nursing	PREVALENCE OF SUBSTANCE ABUSE AND ITS CORRELATES AMONG ADOLESCENTS STUDING IN SELECTED SCHOOLS AND COLLEGES, CHITTOR A.P - CROSS SECTIONAL STUDY DESIGN	Approved
24	22N025	R Dhanasree Apollo College of Nursing	4th B.Sc Nurisng	Dr.Aarthi Asst Prof of Pediatric Nursing	PREVALENCE AND PREDICTORS OF CHILDHOOD OBESITY AMONG SCHOOL CHILDREN AT SELCTED SCHOOLS IN CHITTOOR DISTRICT A.P	Approved
25	22N028	Muthirevula Naveena Apollo College of Nursing	4th B.Sc Nurisng	Dr.K.Kiranmayi Prof of Mental Health Nursing	STRENGTHS, WEAKNESSES, OPPORTUNITIES AND THREAT ANALYSIS OF MID LEVEL HEALTH CARE PROVIDERS ROLES - A MULTICENTRIC STUDY	Approved
26	22N029	Jerin Thomas Apollo College of Nursing	4th B.Sc Nurisng	Dr.G.Thejovathi Assoc Prof of Child Health Nursing	EFFECTIVENESS OF COLD VS MAGNISUM SULPHATE APPLICATION TO THROMBOPHIEBITIS PATIENTS RECEIVING IV THERAPY AT TERTIARY CARE HOSPITAL, CHITTOOR DISTRICT (A.P) - EXPERIMENTAL STUDY	Approved

Dr. G. Thejovathi  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003


Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
27	22N030	M.Oormila Apollo College of Nursing	4th B.Sc Nurisng	Dr.C.Padmaja Professor of Community Health Nursing	ESTIMATING THE ECONOMIC BURDEN OF FAMILIES WITH HISTORY OF COVID - 19 INFECTION AT SELECTED COMMUNITIES OF CHITTOOR DIST A.P	Approved
28	22N031	I.Jenifer Apollo College of Nursing	4th B.Sc Nurisng	Dr.S.Leelavathi Professor of Community Health Nursing	EPIDEMIOLOGICAL STUDY OF ROAD TRAFFIC ACCIDENT CASES REPORTED IN TERITARY CARE FACILITY, CHITTOOR DISTRICT, A.P	Approved
29	22N032	D.G.Nadiya Afreen Apollo College of Nursing	4th B.Sc Nurisng	Dr.T.Devi Priya Professor of Community Health Nursing	EFFECT OF PERCEIVED STRESS AND SELF ESTEEM ON THE ACADEMIC PERFORMANCE OF GRADUATE STUDENTS IN APOLLO COLLEGE OF NURSING AT CHITTOOR DISTRICT, A.P	Approved
30	22N033	Dr.Jareena C Jose Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Vuyyuru Pratima Vice Principal of Community Health Nursing	A STUDY TO ASSESS THE KNOWLEDGE AND AWARENESS REGARDING FOOD ADULTERATION, FOOD SAFETY AND STANDARDS AMONG HOMEMAKERS IN A SELECTED RURAL COMMUNITY, NELLORE, A.P	Approved
31	22N034	E A Sandra Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Geetha Lecturer OBST & GYN Nursing	SELF CARE PRACTICE & AWARENESS REGARDING VAGINAL CANDIDIASIS AMONG ADOLESCENT GIRLS IN SELECTED SCHOOLS, NELLORE	Approved
32	22N035	Eede Shiny Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Beula Professor of OBST & GYN	A STUDY TO ASSESS THE EFFECTIVENESS OF ACUPRESSURE IN REDUCING MENSTRUAL PAIN AMONG ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA IN SELECTED SECONDARY OF NELLORE - QUANTITATIVE QUASI EXPERIMENT	Approved

  
 Dr. Beula  
 Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
 NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
33	22N036	Saraswathi Venkata Sai Vyshnavi Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.K.Anusha Assoc Prof of Medical Surgical Nursing	SMILING MAKES US ATTRACTIVE SMILING RELIEVES STRESS SMILING BOOSTS YOUR IMMUNE SYSTEMS SMILING LOWERS YOUR BLOOD PRESSURE. HEALTHY SMILE, HEALTHY YOU MOUTH IS THE MIRROR OF THE BODY	Approved
34	22N037	N.Hemavathi Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.G.Suja Shamili Principal of Mdical Surgical Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING CATARACT AMONG PATIENTS UNDERGOING CATARACT SURGERY IN SELECTED HOSPITAL, NELLORE, A.P	Approved
35	22N038	Devana Sivarajan Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Anusha Sivakumar Asst Prof Mental Health Nursing	A DESCRIPTIVE STUDY TO ASSESS BIOPSYCHOSOCIAL PROBLEMS AND QUALITY OF LIFE AMONG CITIZENS IN SELECTED RURAL COMMUNITY, NELLORE - QUANTITATIVE DESCRIPTIVE STUDY	Approved
36	22N039	Sali Arya Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Preethi Asst Prof of Child Health Nursing	A STUDY TO ASSESS THE BELIEFS AND PRACTICE OF WOMEN RELATED TO MATERNAL AND NEWBORN CARE IN SELECTED RURAL COMMUNITY	Approved
37	22N040	Aswathy Suresh Dr.Mallela Ramaiah College of Nursing, Nellore	4th B.Sc Nurisng	Dr.Jyotshna Asst Prof of OBST & GYN	A PROSPECTIVE STUDY ON PREDICTORS OF INCIDENT OF LOW BACK PAIN AMONG NURSES WORKING IN SELECTED HOSPITALS NELLORE - QUANTITATIVE STUDY	Approved

  
 Principal  
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 NELLORE - 524 003


Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
38	22N041	Nethu Sabu Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.Merlin Golda V Prof of Medical Surgical Nursing	A PRE - EXPERIMENTAL STUDY ON THE EFFECTIVENESS OF ICT ENABLED BCC ON THE KNOWLEDGE REGARDING POSCO ACT AMONG INTERMEDIATE STUDENTS AT NELLORE DISTRICT, ANDHRA PRADESH	Approved
39	22N042	Aneena George Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.V.Kumari Prof & HOD of OBST & GYN	A STUDY TO EVAUATE EFFECTIVENESS OF ICT EABLED TEACHING MODULE REGARDING NATIONAL PROGRAMME FOR CONTROL OF BLINDNESS AND VISUAL IMPAIRMENT (NPCBVI) AMONG ADULTS IN SELECTED RURAL AREAS OF NELLORE DISTRICT	Approved
40	22N043	Shintu Anna Kuriakose Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.B.Vanaja Kumari Prof of Community Health Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STP ON RMNCH+ A PROGRAM AMONG WOMEN IN REPRODUCTIVE AGE GROUP IN SELECTED RURAL AREAS AT NELLORE DISTRICT, ANDHRA PRADESH	Approved
41	22N044	Sreekutty K S Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.A.Latha Prof & HOD of Medical Surgical Nursing	A STUDY TO ASSESS THE KNOWLEDGE ON BODY DEFENSE AGAINST INFECTION AMONG MOTHERS IN SELECTED HOSPITALS AT NELLORE DISTRICT, A.P	Approved
42	22N045	Sannu Saji Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.P.Shanmuga Vadivu Prof of Child Health Nursing	A STUDY TO EVALUATE SKILL DEVELOPMENT PROGRAM ON EXCHANGE TRANSFUSION IN NICU AMONG STAFF NURSES WORKING IN PEDIATRIC DEPARTMENT AT SELECTED HOSPITALS IN NELLORE DISTRICT, ANDHRA PRADESH	Approved

  
 Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
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Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
43	22N046	Sanjana Sabu Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.Smitha P M Prof of Mental Health Nursing	A STUDY TO ASSESS THE KNOWLEDGE ON MENTAL HEALTH ACT 2017 AND RESPONSIBILITIES AMONG HEALTH CARE PROFESSIONALS AT SELECTED HOSPITALS NELLORE, ANDHRA PRADESH	Approved
44	22N047	Mibila Baby Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.S.Elizabeth Jasmine Prof & HOD of OBST & GYN	A STUDY TO ASSESS THE MORAL HYGIENE PRACTICES AMONG SCHOOL CHILDREN AND TO PREPARE INFORMATIVE BOOKLET TO EDUCATE PARENTS AND CHILDREN IN SELECTED SCHOOLS AT NELLORE DISTRICT ANDHRA PRADESH	Approved
45	22N048	Elsa K Abugy Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.T.Usha Kiran Assoc Prof of OBST & GYN	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON TRIAGE AMONG AMBULANCE WORKERS AT SELECTED HOSPITAL NELLORE, ANDHRA PRADESH - QUASI EXPERIMENTAL STUDY	Approved
46	22N049	Lintu Joseph Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.Kanimela Deepa Asst Prof of Mental Health Nursing	A STUDY TO ASSESS THE KNOWLEDGE ON IMPACT OF THE SOCIAL MEDIA ON EATING DISORDERS AMONG PARENTS IN SELECTED URBAN AREAS AT NELLORE DIST, ANDHRA PRADESH	Approved

Dr. B. Chinnay  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
47	22N050	Nayana Rajeev Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.G.Pavithra Assoc Prof of Community Health Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON PATIENT BILLS OF RIGHT AMONG CLIENTS ATTENDING OPD AT SELECTED HOSPITALS IN NELLORE ANDHRA PRADESH - BEHAVIOURAL CHANGE AND COMMUNICATION	Approved
48	22N051	Sneha Jomon Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.R T Girija Rani Asst Prof of Pediatric Nursing	A STUDY TO EVALUATE EFFECTIVENESS OF STP ON KNOWLEDGE AND ATTITUDE ON MTP ACT AMONG COLLEGE STUDENTS AT SELECTED COLLEGE IN NELLORE DISTRICT, ANDHRA PRADESH	Approved
49	22N052	Dona Maria Tomy Narayana College of Nursing, Nellore	3rd B.Sc Nurisng	Dr.N.Subhashini Assoc Prof of Medical & Surgical Nursing	STUDY TO EVALUATE THE EFFECTIVENESS OF INFORMATIVE PACKAGE ON MINOR DISORDERS OF NEWBORN AND ITS MANAGEMENT AMONG POSTNATAL MOTHERS AT RURAL AREAS, NELLORE DIST A.P	Approved
50	22N054	Akza Thomas Sree Narayana Nursing College, Nellore	4th B.Sc	Dr.B.Kapana Prof of Community Health Nuursing	A STUDY TO EVALUAT THE EFFECTIVENESS OF EDUCATION PLAN ON HOME HEALTH CARE OF DIABETIC PATIENTS AMONG FAMILY MEMBERS IN SELECTED URBAN AREA AT NELLORE DISTRICT	Approved

  
 Principal  
**NARAYANA COLLEGE OF NURSING**  
 Chinthareddypalem,  
 NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
51	22N055	Alka Kuriakose Sree Narayana Nursing College, Nellore	3rd B.Sc Nurisng	Dr.Shabnam Asst Prof of Pediatric Nursing	A RETROSPECTIVE STUDY TO IDENTIFY CAUSES OF CHILDHOOD OBESITY AND PLAN FOR INTERVENTION STRATEGIES AMONG PARENTS OF CHILDHOOD OBESITY AT SELECTED HOSPITALS IN NELLORE DISTRICT, ANDHRA PRADESH	Approved
52	22N056	Aleena Joseph Sree Narayana Nursing College, Nellore	3rd B.Sc Nurisng	Dr.B.Vijaya Tulasi Assoc Prof of Medical Surgical Nursing	A STUDY TO ASSESS KNOWLEDGE ON BARRIES IN SELECTING DE-ADDICTION TREATMENT AMONG ALCOHOL DEPENDENT PATIENTS AT SELECTED HOSPITALS IN NELLORE DISTRICT, ANDHRA PRADESH	Approved
53	22N057	Aneena Raichal Joseph Sree Narayana Nursing College, Nellore	3rd B.Sc Nurisng	Dr.V.Rupa Saritha Reddy Prof of Medical Surgical Nursing	A STUDY TO ASSESS THE EFFECTIVENESS OF SIM ON KNOWLEDGE AMONG SCHOOL TEACHERS ABOUT FIRST AID MANAGEMENT AND PREVENTION OF CONVULSIONS IN CHILDREN AT SELECTED SCHOOLS OF NELLORE, ANDHRA PRADESH	Approved
54	22N058	S Faseela Sree Narayana Nursing College, Nellore	3rd B.Sc Nurisng	Dr.G.Aruna Assoc Prof of OBST & GYN Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF INSTRUCTIONAL STRATEGIES ON PERINATAL AND NEWBORN CARE AMONG EXPECTANT FATHERS AT SELECTED RURAL AREAS IN NELLORE DISTRICT, ANDHRA PRADESH	Approved

  
 Principal  
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 Chinthareddypalem,  
 NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
55	22N059	Anu Shaju Sree Narayana Nursing College, Nellore	3rd B.Sc Nurisng	Dr.Lalitha Kumari T Assoc Prof of Mental Health Nursing	A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAM ON ALZHEIMER'S DISEASE AMONG PATIENTS ATTENDANCE OPD AT SELECTED HOSPITALS IN NELLORE DISTRICT, ANDHRA PRADESH	Approved
56	22N061	Ms Ch.Divya St.Joseph College of Nursing	4th B.sc Nurisng	Mabbu Lavanya, Assistant Professor Midwifery and Obstretical Nursing	A STUDY TO ASSESS THE KNOWLEDGE AND PRACTICE REGARDING EXPERSSION AND STORAGE OF BREAST MILK AMONG FIELDWORK MOTHERS IN SELECTED COMMUNITY AREA AT NELLORE,ANDHRAPRADESH	Approved
57	22N062	Ms C.Yasodha Rani St.Joseph College of Nursing	4th B.sc Nurisng	Sr Martha ThirumalaReddy, Principal Medical Sorgical Nursing	A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE AND ATTITUDE REGARDING PLASTIC WASTE MANAGEMENT AMONG ADOLESCENTS IN SELECTED SCHOOLS AT NELLORE	Approved
58	22N064	Ms Trishna Kumari St.Joseph College of Nursing	4th B.sc Nurisng	Anthonamma.N, Assistant Professor Mental Health Nusing	A STUDY TO ASSESS THE KNOWLEDGE AND ATTITUDE TOWARDS COVID-19 AND ITS IMPACT ON SOCIETY AMONG THE PUBLIC IN SELECTED PUBLIC PLACES AT NELLORE,ANDHRAPRADESH	Approved

*Dr. B. Divya*  
 Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
 NELLORE - 524 003

Sl. No.	Application No	Name of the Student	Year	Name of the Guide	Title	Decision of the committee
59	22N065	Ms K.Charitha Pallavi St.Joseph College of Nursing	4th B.sc Nurisng	Mrs K.Preethi, Assistant Professor community Health Nursing	A STUDY TO ASSESS THE KNOWLEDGE ON EFFECT OF ONLINE GAMES ON THEIR ACADEMIC PERFORMANCE IN ORDER TO DEVELOP AN INFORMATIONAL BOOKLET AMONG DEGREE COLLEGE STUDENTS IN SELECTED DEGREE COLLEGES,NELLORE A.P	Approved
60	22N066	Ms Salu Prameeda St.Joseph College of Nursing	4th B.sc Nurisng	SrElizabeth Rani.K, Associate professor Child Health Nursing	A STUDY TO ASSESS THE KNOWLEDGE AND ATTITUDE REGARDING OSCE AMONG NURSING STUDENTS IN ASELECTED NURSING COLLEGED,NELLORE	Approved
61	22N067	Ms Rosmin K Jimmy St.Joseph College of Nursing	4th B.sc Nurisng	Mrs I.Vinola Kalpan, Associate Professor Medical surgical Nursing	A STUDY TO ASSESS THE EFFECTIVENESS OF VIDEO ASSISTED TEACHING ON KNOWLEDGE AND CLINICAL PRACTICE REGRADING CARE OF VENTILATED PATIENT AMONG 3RD YEAR B.SC NURSING STUDENTS IN SELECTED NURSING COLLEGES,NELLORE	Approved
62	22N068	Ms pydikondala Navya Sri St.Joseph College of Nursing	4th B.sc Nurisng	Mrs A Prathyusha, Associate Professor Medical surgical Nursing	A EXPLORATIVE STUDY TO ASSESS THE IMPACT OF SOCIAL MEDIA USE IN EDUCATION AND THEIR ACADEMIC PERFORMANCE AMONG INTEMEDIATE STUDENTS IN SELECTED INTER COLLEGES, NELLORE	Approved

**Note : The selected candidates are informed to submit the final project report of Under Graduate Student Research Scholarships (UGSRS – 2022) on or before 30-11-2022 without fail.**

Sd/- REGISTRAR (FAC)

Principal  
VARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



Dr. YSR UNIVERSITY OF HEALTH SCIENCES :: A.P. :: VIJAYAWADA - 520 008

Lr.No.18522/A5/UGSRS/2022

Date.06.11.2023

To  
The Principal,  
Narayana College of Nursing,  
Chintareddypalem,  
Nellore – 524 002.

Sir/Madam,

Sub : Dr. YSR UHS – Academic – Sending of Certificates for selected candidates  
UGSRS 2022 - Reg.

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I am herewith enclosing ~~awarding of~~ certificates for Under Graduate Student  
Research scholarships 2022 in respect of the following candidates who were selected for  
the said UGSRS.

Sl. No.	Name of the student	Year
1.	Nethu Sabu	4th B.sc
2.	Aneena George	4th B.sc
3.	Shintu Anna Kuriakose	4th B.sc
4.	Sreekutty K S	4th B.sc
5.	SannuSaji	4th B.sc
6.	Mibila Baby	4th B.sc
7.	Elsa K Abugy	4th B.sc
8.	Lintu V Joseph	4th B.sc
9.	Nayana Rajeev	4th B.sc
10.	Sneha Jomon	4th B.sc
11.	Dona Maria Tomy	4th B.sc

I am to request you to issue the Certificates to the concerned students and obtain  
acknowledgement from each student and send the same to the University for record purpose.

Encl: as above.

Yours faithfully,

*Smt 06/11/2023*  
JOINT REGISTRAR (ACADEMIC)

*6 NOV 2023*

*Dr. Reddy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



Sidhartha Medical College - 520008 (13366)

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Purchaser Name: DR YSR UHS

For Canara Bank

\*\*\*\*\*NOT OVER Rs. 10,000.00

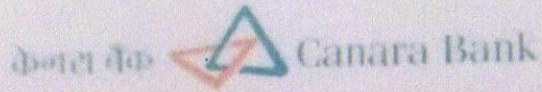
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TEJI SAI PRASAD
प्रबंधक / Manager
S.P.No. 32248

21CTDMG
SMC, VIJAYAWADA(13366)

972101 0000 5000 13366 16

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MELLORE - 524 002



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Purchaser Name: केनरा बैंक Canara Bank

DR YSR UHS

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TEKI SAI PRASAD  
प्रबंधक / Manager  
ह.अ.सं / S.P.No.32248

AUTH SIGNATURE

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DESIGNATION

S.P.No.

AUTH SIGNATORY

NAME

DESIGNATION

S.P.No.

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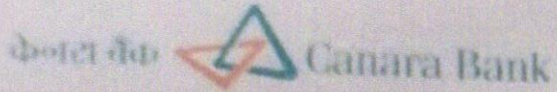
21CTDMG  
SMO: VIJAYAWADA(13366)

⑈972104⑈ 000015000⑈ 113366⑈ 16

Dr. Bohinj

Principal

NARAYANA COLLEGE OF NURSING  
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Purchaser Name: DR YSR UHS

Canara Bank

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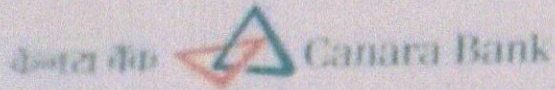
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TEKI SAI PRASAD
प्रबंधक / Manager
ह.ज.सं / S.P.No.32248

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SMG, VIJAYAWADA(13366)

972100 0000 50000 13366 16

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133663088246 972103

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For Canara Bank

Purchaser Name: DR YSR UHS

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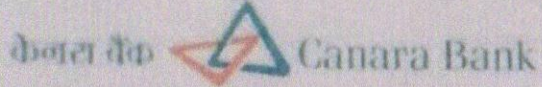
*[Handwritten Signature]*

TEKI SAI PRASAD  
Manager / S.P.No.32248

21CTDMG  
SMC VIJAYAWADA(13366)

972103 0000 5000 13366

*Dr. Ashwini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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Purchaser Name: DR YSR UHS  
 केनरा बैंक Canara Bank

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TEKI SAI PRASAD  
 प्रबंधक / Manager  
 S.P.No. 32248

*(Signature)*  
 AUTH SIGNATORY

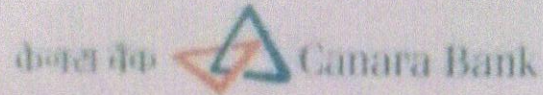
नाम	पदनाम	प्रमाणित हस्ताक्षर करें	नाम	पदनाम	S.P.No	
AUTH SIGNATORY	NAME	DESIGNATION	AUTH SIGNATORY	NAME	DESIGNATION	S.P.No

₹ 1 Lakh and above require signature of two authorized signatories.  
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21CTDMG  
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*Dy. Principal*  
 Principal  
 NARAYANA COLLEGE OF NURSING  
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133663088244 072098

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अदा कर For Value Received

₹

\*\*\*10,000.00

कृते कनरा बैंक For Canara Bank

Purchaser Name: DR YSR UHS  
कनरा बैंक Canara Bank

\*\*\*\*\*NOT OVER Rs. 10,000.00

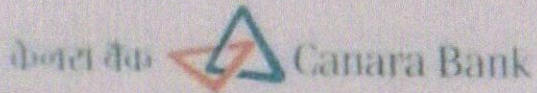
टेकि साई प्रसाद  
TEKI SAI PRASAD  
प्रबंधक / Manager  
8. अ. सं / S.P.No. 32248

21CTDMG  
SMC, VIJAYAWADA(13366)

1. एक लाख और उससे अधिक कीमत के लिए दो अधिकृत अधिकारियों की प्रत्यक्ष हस्ताक्षरों की आवश्यकता है।  
Demand Drafts of ₹ 1 Lakh and above require signature of two authorized signatories.  
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Dr. B. S. Prasad  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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मागने पर On Demand Pay SANNU SAJI

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कृते केनरा बैंक For Canara Bank

Purchaser Name: DR YSR UHS  
केनरा बैंक Canara Bank

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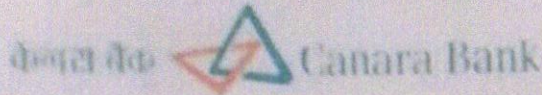
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TEKI SAI PRASAD  
प्रबंधक / Manager  
ह.अ.सं. / S.P.No.32248

21CTDMG  
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*Dr. Reddy*  
Principal  
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Chinthareddypalem,  
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मागने पर On Demand Pay SREEKUTTY K S

को या उनके आदेश पर Or Order प्राप्त मूल्य के लिए

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Purchaser Name: DR YSR UHS

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टेकि साई प्रसाद  
TEKI SAI PRASAD  
प्रबंधक / Manager  
ह.अ.सं. / S.P.No. 32249

*[Handwritten Signature]*

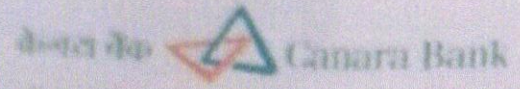
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Chosen signatories

972086 0000150001 13366 16

Dr. Bahumy  
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133663088241 972084

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DR On Demand Pay SHINTU ANNA KURLAKUSE

Or Order

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S.P.No 3224

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S.M.C. VIJAYAWADA (13366)

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Principal  
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ಕರ್ನಾಟಕ ಬ್ಯಾಂಕ್ Canara Bank

ಶಾಖೆ ಸಂಖ್ಯೆ: 13366  
SIDDHARTHA MEDICAL COLLEGE - 520009 (VIZAG)

133661088240 972094

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ಇದರಲ್ಲಿ On Demand Pay ANEENA GEORGE

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ಪುಸ್ತಕದ ಹೆಸರು: DR YSR UHS  
ಇದರಲ್ಲಿ ಬ್ಯಾಂಕ್ Canara Bank

\*\*\*\*\*NOT OVER R. 1000000\*\*\*\*\*  
*TEKI SAI PRASAD*  
ಇದರಲ್ಲಿ / Manager  
ಇ.ಸಂ.ಸಂ. / S.P.No. 32246

ಇದರಲ್ಲಿ ಬ್ಯಾಂಕ್ Canara Bank

21CTDMG  
SMC, VIJAYAWADA(13366)

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*Dr. Bahini*  
Principal

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On Demand Pay NETHU SABU

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For Value Received

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\*\*\*10,000.00

Purchaser Name: DR YSR UHS

NOT OVER Rs. 10,000/-

TEKI, SAI PRASAD  
MANAGER

For Canara Bank

*[Handwritten Signature]*

AUTH SIGNATORY

NAME

DESIGNATION

S.P. No.

AUTH SIGNATORY

NAME

DESIGNATION

S.P. No.

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21CTDMG SMC, VIJAYAWADA (13366)

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Dr. R. Srinivas  
Principal

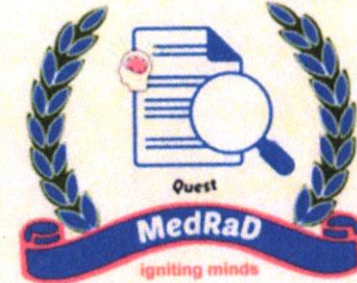
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NELLORE - 524 003

**Dr.YSR UNIVERSITY OF HEALTH SCIENCES,  
VIJAYAWADA, ANDHRA PRADESH**

**UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2022**



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This is to certify that Mr/Ms Aneena George  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Study To Evaluate The Effectiveness Of Ict Enabled Teaching Module Regarding National Program For Control Of Blindness And Visual Impairment  
(Npchs/Vi) Among Adults In Selected Rural Areas Of Nellore District, Andhra Pradesh ” completed under the guidance  
of Mr/Ms/Dr Dr.V.Kumari, Prof & HOD of OBST & GYN and the report was found  
to be satisfactory.

  
**DIRECTOR (R & D)**  
**Dr. SUMITA SHANKAR**  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
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This is to certify that Mr/Ms Sreekutty K S  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Descriptive Study To Assess The Knowledge On Body Defense Against Infection Among  
Mothers In Selected Hospitals At Nellore District, A.P ” completed under the guidance  
of Mr/Ms/Dr A Latha, Prof & HOD of Medical Surgical Nursing and the report was found  
to be satisfactory.

**DIRECTOR (R & D)**

**Dr. SUMITA SHANKAR**  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

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This is to certify that Mr/Ms Mibila Baby  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Study To Assess The Moral Hygiene Practices Among School Children And To Prepare Informative Booklet To Educate  
Parents And Children In Selected Schools At Nellore District Andhra Pradesh ” completed under the guidance  
of Mr/Ms/Dr Dr.S.Elizabeth Jasmine, Prof & HOD of OBST & GYN and the report was found  
to be satisfactory.

  
DIRECTOR (R & D)

Dr. SUMITA SHANKAR  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
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This is to certify that Mr/Ms Lintu V Joseph  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“A Study To Assess The Knowledge Regarding Impact Of The Social Media On Eating Disorder Among  
Parents In Selected Urban Areas At Nellore Dist, Andhra Pradesh” completed under the guidance  
of Mr/Ms/Dr K Deepa, Asst Prof of Mental Health Nursing and the report was found  
to be satisfactory.

  
**DIRECTOR (R & D)**  
**Dr. SUMITA SHANKAR**  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
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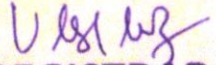
  
Principal  
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Chinthareddypalem,  
NELLORE - 524 003

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This is to certify that Mr/Ms Sneha Jomon  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Study To Evaluate Effectiveness Of Stp On Knowledge And Attitude On Mtp Act Among  
Selected College Students At Nellore, Andhra Pradesh ” completed under the guidance  
of Mr/Ms/Dr R.T Girija Rani, Asst Prof & HOD of Pediatric Nursing and the report was found  
to be satisfactory.

  
**DIRECTOR (R & D)**  
Dr. SUMITA SHANKAR  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr.YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
**REGISTRAR**

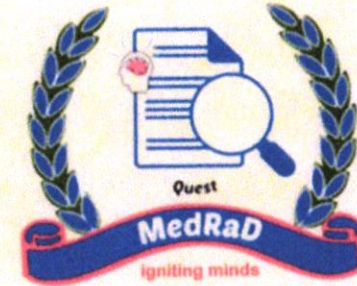
  
**VICE CHANCELLOR**

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**Dr.YSR UNIVERSITY OF HEALTH SCIENCES,  
VIJAYAWADA, ANDHRA PRADESH**  
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This is to certify that Mr/Ms Shintu Anna Kuriakose  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“A Study To Evaluate The Effectiveness Of Stp On Rmnch+ A Program Among Women In Reproductive Age  
Group In Selected Rural Areas At Nellore District, Andhra Pradesh” completed under the guidance  
of Mr/Ms/Dr B. Vanaja Kumari, Prof of Community Health Nursing and the report was found  
to be satisfactory.

  
DIRECTOR (R &D)

Dr. SUMITA SHANKAR  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
REGISTRAR

  
VICE CHANCELLOR

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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**Dr.YSR UNIVERSITY OF HEALTH SCIENCES,  
VIJAYAWADA, ANDHRA PRADESH**  
**UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2022**




This is to certify that Mr/Ms Nethu Sabu  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Pre - Experimental Study On The Effectiveness Of Ict Enabled Bcc On Knowledge Regarding PocsO Act  
Among Intermediate Students At Nellore District, Andhra Pradesh ” completed under the guidance  
of Mr/Ms/Dr Merlin Golda V, Prof of Medical Surgical Nursing and the report was found  
to be satisfactory.

  
**DIRECTOR (R & D)**  
**Dr. SUMITA SHANKAR**  
M.Ch (Plastic Surgery)  
Director (Research & Development)  
Dr. YSR University of Health Sciences  
VIJAYAWADA, Andhra Pradesh

  
**REGISTRAR**

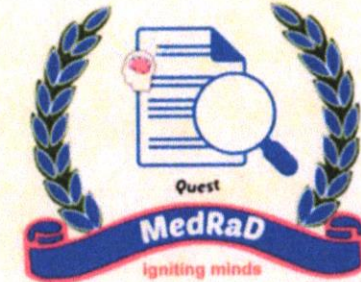
  
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Principal  
**NARAYANA COLLEGE OF NURSING**  
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**Dr.YSR UNIVERSITY OF HEALTH SCIENCES,  
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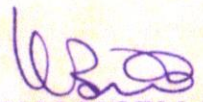
वसुधैव कुटुम्बकम्  
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This is to certify that Mr/Ms Sannu Saji  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“ A Study To Evaluate Skill Development Program On Exchange Transfusion In Nicu Among Staff Nurses Working In Pediatric  
Department At Selected Hospitals In Nellore District, Andhra Pradesh ” completed under the guidance  
of Mr/Ms/Dr P.Shanmuga Vadivu, Prof of Child Health Nursing and the report was found  
to be satisfactory.

  
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**UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2022**



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This is to certify that Mr/Ms Elsa K Abugy  
Student of Narayana College of Nursing, Nellore has been awarded the  
Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled  
“A Study To Evaluate The Effectiveness Of Structured Teaching Programme On Triage Among Ambulance  
Workers At Selected Hospital In Nellore District Andhra Pradesh” completed under the guidance  
of Mr/Ms/Dr T.Usha Kiran, Assoc Prof of OBST & GYN and the report was found  
to be satisfactory.

  
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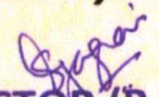
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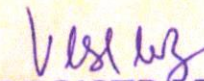


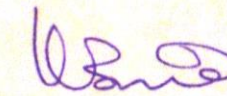
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**This is to certify that Mr/Ms Nayana Rajeev**  
**Student of Narayana College of Nursing, Nellore** **has been awarded the**  
**Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled**  
**"A Study To Evaluate The Effectiveness Of Structured Teaching Programme On Patient Bills Of Rights Among Clients**  
**Attending Opd At Selected Hospitals In Nellore District, Andhra Pradesh** **"completed under the guidance**  
**of Mr/Ms/Dr G. Pavithra, Assoc Prof of Community Health Nursing and the report was found**  
**to be satisfactory.**

  
**DIRECTOR (R & D)**  
**Dr. SUMITA SHANKAR**  
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Director (Research & Development)  
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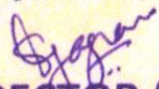
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**This is to certify that Mr/Ms Dona Maria Tomy  
Student of Narayana College of Nursing, Nellore has been awarded the  
**Under Graduate Student Research Scholarships (UGSRS - 2022) for the project entitled**  
**"Study To Evaluate The Effectiveness Of Informative Package On Minor Disorders Of Newborn And Its Management  
Among Postnatal Mothers In Rural Areas, Nellore District, Andhra Pradesh"** completed under the guidance  
**of Mr/Ms/Dr N.Subhashini, Assoc Prof of Medical & Surgical Nursing and the report was found**  
**to be satisfactory.****

  
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Under Graduate Student Research Scholarships Selected Candidate List - 2023  
(UGSRS 2023 Version 4.O (Nursing))

Sl. No	Application No	University Roll no	Name of the Student	Year	Title
10	23N054	19N101043017	Ashna Nazeem	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE AND PRACTICE REGARDING SELF ADMINISTRATION OF INSULIN INJECTION AMONG DIABETIC PATIENTS ATTENDING DIABETIC CLINIC AT TERTIARY CARE RURAL TEACHING HOSPITAL KUPPAM, ANDHRA PRADESH.
11	23N056	19N101043016	Ann Mariya Joseph	4th B.Sc	"EFFECT OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING CATARACT, ITS PREVENTION AND POST-OPERATIVE SELF-CARE MANAGEMENT AMONG PATIENTS UNDERGOING CATARACT SURGERY IN TERTIARY CARE HOSPITAL, KUPPAM, A.P."
12	23N057	19N101043089	Sona Benny	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE REGARDING MOTHER AND CHILD PROTECTION CARD AMONG ANTENATAL MOTHERS, VISITING ANTENATAL OPD AT TERTIARY CARE TEACHING HOSPITAL, KUPPAM."
13	23N059	19N101018019	Pampa Sasmal	4th B.Sc	"A STUDY TO ASSESS THE CULTURAL BELIEFS AND PRACTICES OF POSTPARTUM PERIOD AMONG POST NATAL MOTHERS AT SELECTED RURAL AREAS IN NELLIMARLA, VIZIANAGARAM."
14	23N065	19N101132002	Adapaka Udayabhanu	4th B.Sc	"A DESCRIPTIVE STUDY TO ASSESS THE LEVEL OF KNOWLEDGE REGARDING FORENSIC NURSING AMONG NURSING STUDENTS IN SELECTED NURSING COLLEGES, NELLORE, AP."
15	23N068	19N101078073	MS.Shilpa Tomy	4th B.Sc	"A STUDY TO ASSESS THE KNOWLEDGE ON E-WASTE AND IT'S MANAGEMENT AMONG THE STUDENTS AT SELECTED COLLEGES IN NELLORE."
16	23N072	19N101078002	MS.Aengelyn Aji	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS OF EDUCATIONAL INTERVENTION ON KNOWLEDGE AND PRACTICES REGARDING ATTENTION DEFICIT HYPER ACTIVITY DISORDER AMONG THE SCHOOL TEACHERS AT SELECTED SCHOOLS, NELLORE ANDHRA PRADESH."
17	23N073	19N101078024	Christeena Martin	4th B.Sc	"EFFECTIVENESS OF VIDEO ASSISTED TEACHING ON KNOWLEDGE REGARDING RESPIRATORY DISEASE AND ITS PREVENTION AMONG MOTHERS OF UNDERFIVE CHILDREN AT SELECTED RURAL AREAS ANDHRA PRADESH."
18	23N076	19N101078036	MS.Jisha James	4th B.Sc	"A STUDY TO ASSESS THE EFFECTIVENESS OF SKIN TAP TECHNIQUE ON PAIN DURING INTRAMUSCULAR INJECTION AMONG INFANTS IN IMMUNIZATION CLINIC AT SELECTED HOSPITALS, NELLORE."

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# **Funding Projects 2024- Dr.NTRUHS**



Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N060	Jinsa Mathew Sree Narayana Nursing college, Nellore	Dr.G.Aruna	AN EXPLORATIVE STUDY TO INVESTIGATE THE BURDEN AMONG CAREGIVERS OF CHRONICALLY ILL PATIENTS IN SELECTED HOSPITALS, NELLORE, A.P	Accepted subject to modifications	1. Operational definition of chronically ill patient is not mentioned. 2. Data collection procedure is not mentioned.	Accepted
21N061	ANN.Maria Babu Narayana College of Nursing, Nellore	Dr.K.Deepa	A DESCRIPTIVE STUDY TO ASSESS THE PERCEPTION ON COVID - 19 VACCINATION AMONG MIDDLE AGE PEOPLE BETWEEN 45-55 YEARS IN DAKKILIVARIPALEM	Accepted subject to modifications	1. Description about samples, population is not clear. 2. No clarity on title & methodology.	Accepted
21N063	Sheena thomas Narayana College of Nursing, Nellore	Dr.K.Nathiya	A CROSS SECTIONAL STUDY TO ASSESS PREVALENCE OF SKIN PROBLEMS AMONG WORKER OF SEA FOOD INDUSTRIES OF SEA SHORE AREAS AT NELLORE	Accepted subject to modifications	1. Title of the study is not clear. 2. Methodology is not clear. 3. Operational definitions is not clear.	Accepted
21N065	Shilpi Shibu Sree Narayana Nursing college	Dr.G.Shanthi	A STUDY TO ANALYSE THE INFLUENCING FACTORS OF METABOLIC SYNDROME AMONG ADULTS AT SELECTED AREAS IN NELLORE, A.P	Accepted subject to modifications	Sample size estimation is not mentioned.	Accepted

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Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N054	Varsha Sanil Kumar Narayana College of Nursing, Nellore	Dr. K. Kantha	A PROSPECTIVE STUDY TO ASSESS KNOWLEDGE REGARDING DISASTER MANAGEMENT AMONG ADOLESCENTS AT NARAYANA CONCEPT SCHOOLS, NELLORE, ANDHRA PRADESH	Accepted subject to modifications	Title of the study may be modified with limited of study area	Accepted
21N055	Nimmy James Sree Narayana Nursing college, Nellore	Dr. Navya N	A STUDY TO ASSESS THE KNOWLEDGE REGARDING PREVENTION OF FALLS AND SAFETY MEASURES AMONG GERIATRIC PEOPLE IN SELECTED HOSPITALS IN NELLORE.	Accepted subject to modifications	1. Samples/population – specification is not mentioned. 2. Data collection procedure is not clear	Accepted
21N056	Anu Varghese Sree Narayana Nursing college, Nellore	Dr. Lalitha Kumari	A STUDY TO EVALUATE THE POST PANDEMIC ASSESSMENT OF PUBLIC KNOWLEDGE AND BEHAVIOR ON PREVENTION OF COVID - 19 AMONG GENERAL POPULATION IN SELECTED AREAS, AT NELLORE, A.P	Accepted subject to modifications	1. Size of the sample collection not described. 2. Description of data collection is not mentioned.	Accepted

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Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N048	Teena P Mathew Narayana College of Nursing, Nellore ✱	Dr.S.Suchitra	AN OBSERVATIONAL STUDY TO ASSESS THE EMOTIONAL PROBLEM AND COPING STRATEGIES OF SENIOR CITIZENS LIVING IN OLD AGE HOME WITH VIEW OF DEVELOP AN INFORMATION BOOKLET AT SELECTED OLD AGE HOMES, A.P	Accepted subject to modifications	Sample size estimation not clearly written.	Accepted
21N049	Anjali Thankachan Narayana College of Nursing, Nellore ✱	Dr.K.Madhavilatha	A CROSS SECTIONAL STUDY TO ASSESS THE PREVALENCE OF RESPIRATORY PROBLEMS AMONG RICE MILL WORKERS AT SELECTED RICE MILLS IN NELLORE, A.P	Accepted subject to modifications	Specify the population, settings, data collection procedure.	Accepted
21N052	A.Frances Narayana College of Nursing, Nellore ✱	Dr.A.Viji	A COMPARATIVE STUDY TO IDENTIFY THE MEDICATION ADHERENCE AMONG PATIENTS WITH HYPERTENSION IN SELECTED URBAN AND RURAL AREAS OF NELLORE DISTRICT, A.P	Accepted subject to modifications	Methodology & collection procedure not clear.	Accepted

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Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N044	Chinju. E. Narayana College of Nursing, Nellore	Dr.Elizabeth Jasmine	A COHORT STUDY TO ASSESS THE ATTITUDE AND PRACTICE OF BREAST SELF EXAMINATION AMONG PREMENOPAUSAL WOMEN AT SELECTED AREAS IN NELLORE DISTRICT A.P	Accepted subject to modifications	Components of research study methodology not clear.	Accepted
21N045	Anu.Thomas Narayana College of Nursing, Nellore	Dr.M.Gomathi	A CROSS SECTIONAL STUDY TO ASSESS THE PREVALENCE OF SHIFT WORK DISORDER AMONG HEALTH CARE WORKERS WORKING IN TERTIARY CARE HOSPITAL NELLORE, A.P	Accepted subject to modifications	1. Sample size and subjects are not clear. 2. Elements of the study is not clear.	Accepted
21N046	Anugraha Antony Narayana College of Nursing, Nellore	Dr.J.Anusha	A DESCRIPTIVE STUDY TO ASSESS THE KNOWLEDGE REGARDING COMPLICATIONS AND LIFE STYLE MODIFICATION AMONG THE CLIENTS IN CARDIOLOGY OPD AT SELECTED HOSPITALS, NELLORE, A.P	Accepted subject to modifications	Study setting should be clearly mentioned.	Accepted

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NELLORE - 524 003



Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N041	S.Thomas Narayana College of Nursing, Nellore	Dr.A.Latha	AN OBSERVATIONAL STUDY ON WATER SOLUBLE VITAMIN DEFICIENCIES AMONG PRIMARY SCHOOL CHILDREN IN SELECTED SCHOOL AT DISTRICT, NELLORE, A.P	Accepted subject to modifications	1. No clarity in the title 2. Components of methodology is not clear	Accepted
21N042	Rosy Raj Narayana College of Nursing, Nellore	Dr.N.Anjani Devi	AN EVALUATIVE STUDY TO ESTIMATE THE DOCUMENTATION PROTOCOL COMPLIANCE AMONG STAFF NURSES WORKING IN CRITICAL CARE UNITS AT SELECTED HOSPITALS, NELLORE, ANDHRA PRADESH	Accepted subject to modifications	1. No clarity on documentation of protocol. 2. No operational definition. 3. Sample size is not mentioned 4. Components of methodology is not clear.	Accepted
21N043	Soffiya tomy Narayana College of Nursing, Nellore	Mrs.R.Kanaka Lakshmi	A PRE EXPERIMENTAL STUDY ON EFFICACY OF AN EDUCATIONAL MODULE ON URINARY TRACT INFECTION AMONG ADOLESCENT GIRLS IN SELECTED SCHOOLS OF NELLORE, A.P	Accepted subject to modifications	1. Study design is not clear. 2. Population & size of the sample is not clear.	Accepted

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Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N037	Akshitha Joy Narayana College of Nursing, Nellore ✱	Dr.Rajeswari.H	A STUDY TO EXPLORE COPING MEASURES RELATED TO MANAGEMENT OF EXAMINATION STRESS AMONG ADOLESCENTS STUDYING 10TH STANDARD AT SELECTED SCHOOLS IN NELLORE, A.P	Accepted subject to modifications	1. Setting of the study, population is not clear. 2. Inclusive & exclusive criteria is not clear.	Accepted
21N038	Tomy Deepthi Narayana College of Nursing, Nellore ✱	Dr.Merlingolda	AN EXPLORATIVE STUDY TO ASSESS THE COMPETENCY ON TRAUMA CARE AMONG NURSES AT SELECTED HOSPITALS IN A.P	Accepted subject to modifications	1. Setting & population of the study is not clear. 2. Data collection procedure is not described.	Accepted
21N039	Athira Kurjumon Narayana College of Nursing, Nellore ✱	Dr.B.Vanaja Kumari	A STUDY TO ASSESS THE AWARENESS OF FIRE SAFETY MEASURES AMONG UNDERGRADUATE STUDENTS IN SELECTED COLLEGES AT NELLORE, A.P	Accepted subject to modifications	1. Components of methodology is not well defined 2. Data collection procedure not clearly explained	Accepted
21N040	Sumi Sabu Narayana College of Nursing, Nellore ✱	Dr.V.Kumari	A DESCRIPTIVE STUDY TO FIND ASSOCIATION BETWEEN SMART PHONE USAGE AND ACADEMIC PERFORMANCE AMONG DEGREE STUDENTS AT SELECTED COLLEGE OF NELLORE DISTRICT	Accepted subject to modifications	Methodology is not clear.	Accepted

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*A. J. S. S.*  
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Application No.	Name of the Student	Name of the Guide	Title	Decision of the committee	Comments of the committee	New Comments after modifications
21N034	Aswani.A Sree Narayana Nursing college, Nellore	Dr.Girija R.T	A DESCRIPTIVE STUDY TO ASSESS THE KNOWLEDGE REGARDING MEDICATIONS CONSUMED BY RESIDENTS DIAGNOSED WITH NON COMMUNICABLE DISEASES AT SELECTED AREAS, NELLORE, A.P	Accepted subject to modifications	Setting of the study and sample size is not described.	Accepted
21N035	Merin Joseph Sree Narayana Nursing college, Nellore	Dr.SK.Shabana	A STUDY TO ASSESS THE ADJUSTMENT PROBLEMS AMONG 1 <sup>st</sup> B.SC (N) STUDENTS IN SELECTED COLLEGES AT A,P	Accepted subject to modifications	Sample size, Sample technique setting, data collection procedure are not clearly mentioned.	Accepted
21N036 ✱	Ashy Kuriakose Narayana College of Nursing, Nellore	Dr.K.Ramya	A STUDY TO ASSESS THE KNOWLEDGE, ATTITUDE AND PRACTICE REGARDING DENTAL CARE AMONG SCHOOL CHILDREN'S IN SELECTED SCHOOLS OF ANDHRA PRADESH	Accepted subject to modifications	Setting, target population, sample size not clear.	Accepted

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के. इन्द्रानि  
 K. INDRANI  
 सहायक प्रबन्धक/Asst. Manager  
 एच.डी.ए. नं. 13366

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SMC, VIJAYAWADA (13366)

प्रधिकृत हस्ताक्षरकर्ता AUTH. SIGNATORY	नाम NAME	पदनाम DESIGNATION	ह.म.स. S.P. No.

प्रधिकृत हस्ताक्षरकर्ता AUTH. SIGNATORY	नाम NAME	पदनाम DESIGNATION	ह.म.स. S.P. No.

ए एक लाख और उसमें अधिक होना चाहिए इसके लिए दो प्रधिकृत हस्ताक्षरकर्ताओं को हस्ताक्षर चाहिए।  
 Demand Drafts of ₹1 Lakh and above require signature of two authorised signatories.  
 Please sign above

⑈ 289651⑈ 000015000⑈ 113366⑈ 16



B. Prady  
 Principal  
 NARAYANA COLLEGE OF NURSING  
 Chinthareddypalem,  
 NELLORE - 524 003



### 3.1.3.4 Utilization Certificate of funding projects

Narayana College of Nursing  
Fund Utilization - cheque distribution list

Dt: 19/09/2022

S.No.	Reg.No.	Name of the Student	DD.No.	DD Date	Amount	Signature with Date
1	2017030001	ASHBY KURIAKOSE	289637	22.07.2022	10,000.00	<i>[Signature]</i> 19/09/2022
2	201703005047	AKSHITHA JOY	289640	22.07.2022	10,000.00	<i>[Signature]</i>
3	201703005002	TOMY DEEPTHI	289641	22.07.2022	10,000.00	<i>[Signature]</i> Vidya 22/11/22 103440541
4	201703005028	ATHIRAKUNJUMON	289635	22.07.2022	10,000.00	<i>[Signature]</i> 19/09/2022
5	201703005077	SUMI SABU	289642	22.07.2022	10,000.00	<i>[Signature]</i> 9560255961 03/03/2023
6	201703005037	S THOMAS	289636	22.07.2022	10,000.00	ANU TRESSA GEORGE 7034133802 AParna Bose
7	201703005118	ROSY RAJ	289638	22.07.2022	10,000.00	5120088129 <i>[Signature]</i>
8	201703005093	SOPHYATOMY	289643	22.07.2022	10,000.00	<i>[Signature]</i> 19/09/2022
9	201703005012	CHINIUT.J	289645	22.07.2022	10,000.00	<i>[Signature]</i> for cheque by Vidya 22/09/22
10	201703005085	ANU THOMAS	289646	22.07.2022	10,000.00	<i>[Signature]</i> 19/09/2022
11	201703005076	ANUGRAHA ANTONY	289650	22.07.2022	10,000.00	<i>[Signature]</i> Ref: 201903005055 9204130766-27/12/20
12	201703005027	SANDRA V SAJI	289651	22.07.2022	10,000.00	Not received Intimated by Univ/Student -
13	201703005116	TEENA P MATHEW	289647	22.07.2022	10,000.00	<i>[Signature]</i> 30/9/2022
14	201703005051	ANJALI THANKACHAN	289648	22.07.2022	10,000.00	<i>[Signature]</i> 19/09/2022
15	201703005072	ANEETA S TITUS	289652	22.07.2022	10,000.00	
16		A THOMAS	289649	22.07.2022	10,000.00	
17		A FRANCIS	289654	22.07.2022	10,000.00	
18	201703005050	ANUMOL BINU	289653	22.07.2022	10,000.00	

(P.T.O)

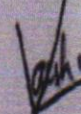

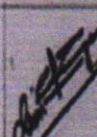

*[Signature]*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003




*[Signature]*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

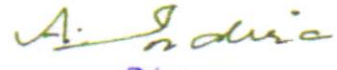


### 3.1.3.4 Utilization Certificate of funding projects

S.No.	Reg.No.	Name of the Student	DD.No.	DD Date	Amount	Signature with Date
19	201703005026	VARSHA SANIL KUMAR	289655	22.07.2022	10,000.00	 8139042594
20	201703005059	ANN MARIYA BABU	289656	22.07.2022	10,000.00	 23-9-22
21	201703005079	LIMNA GEORGE	289658	22.07.2022	10,000.00	 23-9-22
22	201703005100	SHEENA THOMAS	289657	22.07.2022	10,000.00	 23/9/22

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

☎ 0861-2317969 Extn. 2464  
2317968 Extn. 2464  
Fax : 0861-2311968



# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada  
e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

Date: 10.12.2021

To  
The Registrar,  
Dr. NTR University of Health Sciences,  
Vijayawada – 524 008.

Respected Sir,

**Sub:** Narayana College of Nursing (C.C: 145), Nellore – Submission of Under Graduate student Research Scholarships (UGSRS)-2021 – Regarding.

**Ref:** Dr. NTRUHS, Lr. No. 3679/A5/UGSRS/2020, dated 09.12.2021.

\*\*\*\*\*

As per the above said reference, herewith we are submitting the Under Graduate Student Research Scholarship (UGSRS) final Project Books both soft and hard copy of 22 (Twenty two) final B.Sc. Nursing students of Narayana College of Nursing, Nellore.


Hence, I kindly request you approve the Projects and sanctioned the Scholarships to the students.

Thanking you,


Yours faithfully,

Encl: 1. List of Project Titles  
2. Project Books (22)



  
PRINCIPAL  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE-524 002.



  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

**NARAYANA COLLEGE OF NURSING**

CHINTHAREDDY PALEM, NELLORE

S.No	Name of the Student	Problem Staement	Guide
1	AKSHITHA JOY	A study to explore coping measures related to management of examination stress among adolescents studying 10th standard at selected schools in Nellore, Andhra Pradesh.	Dr. RAJESWARI. H
2	ANEETA S.TITUS	An Explorative Study to Effectiveness of Skill Training on First Aid For Selected Minor Injuries among Accredited Social Health Activists (ASHA) at selected Health centers of Andhra pradesh	MRS . A .SUJATHA
3	ANJALY THANKACHAN	A cross sectional study to assess the Prevalence of respiratory problems among rice mill workers at selected rice mills in Nellore, Andhra Pradesh.	Mrs.K.MADHAVILATHA
4	ANUJAMOL THOMAS	A cross sectional study to evaluate the prevalence and risk factors of computer vision syndrome(CVS) among computer users at selected colleges , A.P.	MRS USHA KIRAN
5	ASHY KURIAKOSE	A Study to assess the knowledge, attitude and practice regarding dental care among school children's in selected schools of Andhra Pradesh.	DR B.RAMYA
6	CHINJU.T.J	A Cohort Study To Assess The Attitude And Practice Of Breast Self Examination Among Premenopausal Women At Selected Areas In Nellore District Andhra Pradesh	Dr. ELIZABETH JASMINE
7	DEEPTHI TOMY	An explorative study to assess the competency on trauma care among nurses at selected hospitals in Andhra Pradesh	Mrs . MERLIN GOLDA
8	ROSY RAJ	An evaluative study to estimate the Documentation Protocol Compliance among staff nurses working in critical care units at selected hospitals, Nellore, Andhrapradesh.	MRS . ANJANI DEVI

Dr. Sathya  
PrincipalNARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

9	<b>SIMI THOMAS</b>	An Observational Survey on Fat Soluble vitamin deficiencies among primary school children in selected Schools at Nellore, Andhrapradesh.	<b>Mrs LATHA.A</b>
10	<b>SOFFIYA TOMY</b>	A Pre experimental study on Efficacy of an Educational module on urinary tract infection among adolescent girls in selected schools of Nellore, Andhra Pradesh.	<b>MRS.KANAKALAKSHMI</b>
11	<b>VARSHA SANILKUMAR</b>	A prospective study to assess knowledge regarding disaster management among adolescents at selected schools, Andhra Pradesh.	<b>MRS . K. KANTHA</b>
12	<b>ALIDA FRANCIS</b>	A comparative study to identify the medication adherence among patients with hypertension in selected urban and rural areas of Nellore district, Andhrapradesh	<b>Mrs VIJJI .A</b>
13	<b>ANN MARIA BABU</b>	A Descriptive Study to Assess the perception on COVID-19 vaccination among Middle aged People between 45-55 year in Dakkilivaripalem at Nellore, Andhrapradesh."	<b>Ms. DEEPA</b>
14	<b>ANU THOMAS</b>	A cross sectional study to assess the Prevalence of shift work disorder among health care workers working in tertiary care hospital Nellore, Andhrapradesh.	<b>MRS GOMATHI</b>
15	<b>ANUGRAHA ANTONY</b>	A descriptive study to assess the knowledge regarding complications and life style modification among the clients in cardiology OPD at selected hospitals, Nellore, Andhrapradesh.	<b>MRS. ANUSHA J</b>
16	<b>ANUMOL BIJU</b>	An Explorative Study to Assess the Effectiveness of Self-Instructional Module on Knowledge regarding Prevention of Needle Stick Injury among Staff Nurses at NMCH Nellore, Andhra pradesh.	<b>MRS . P M SMITHA</b>
17	<b>ATHIRA KUNJUMON</b>	A Descriptive study to Assess the Awareness of Fire Safety Measures among Undergraduate Students in selected colleges at Nellore, Andhra pradesh.	<b>Mrs. VANAJAKUMARI</b>

*Dy. Principal*  
Principal

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

18	LIMNA GEORGE	A descriptive study to assess knowledge regarding road safety among small scale vendors riding two wheelers at selected areas of Andhra Pradesh	MRS . RAJANI . P
19	SANDRA V SAJI	An evaluative study to assess the Impact of smart phone on social life among young generation at selected colleges in Nellore, Andhra Pradesh.	MRS . MEJILINBOSE
20	SHEENA THOMAS	A cross sectional study to assess prevalence of skin problems among worker in sea food industries at selected areas of Nellore.	MRS. NADHIYA
21	SUMI SABU	A Descriptive Study to find Association Between Smart Phone usage and Academic Performance among Graduate Nursing Students at selected colleges of Nellore district, Andhrapradesh.	DR. KUMARI
22	TEENA P MATHEW	An Observational Study to Assess the Emotional Problems and Coping Strategies of Senior Citizens living in old age home with a view to develop an information booklet at selected old age homes, Andhrapradesh.	Mrs SUCHITRA

*Thija*  
HOD OF NURSING RESEARCH  
NARAYANA COLLEGE OF NURSING

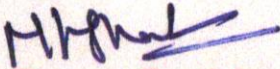
*nduc's*  
**PRINCIPAL**  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE-524 002.


*Dy. Princy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

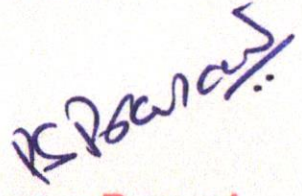
**Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA  
ANDHRA PRADESH  
UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2021**



This is to certify that Mr/Ms Limna George  
Student of Narayana College of Nursing, Nellore has been awarded  
the Under Graduate Student Research Scholarship (UGSRS - 2021) for the Project  
entitled "A Descriptive Study To Assess The Knowledge Regarding Road Safety Among Small Scale  
Vendors Riding Two Wheelers At Selected Areas Of A.P " completed under the Guidance of  
Mr/Ms Dr. P.Rajani, Assoc Prof of Child Health Nursing and the  
Report was found to be Satisfactory.

  
**Dr.M.L.Surya Prabha**  
Director (R&D)  
Dr.YSRUHS

  
**Dr.Ch.Srinivasa Rao**  
Registrar(FAC)  
Dr.YSRUHS

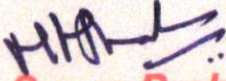
  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003


**Dr.P.Shyam Prasad**  
Vice Chancellor  
Dr.YSRUHS


**Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA  
ANDHRA PRADESH  
UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2021**

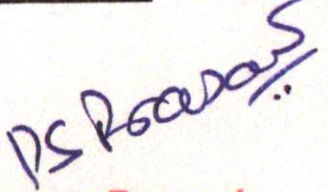


This is to certify that Mr/Ms Anjali Thankachan  
Student of Narayana College of Nursing, Nellore has been awarded  
the Under Graduate Student Research Scholarship (UGSRS - 2021) for the Project  
entitled "A Cross Sectional Study To Assess The Prevalence Of Respiratory Problems Among Rice  
Mill Workers At Selected Rice Mills In Nellore, A.P" completed under the Guidance of  
Mr/Ms Dr. K.Madhavilatha, Assoc Prof of Medical Surgical Nursing and the  
Report was found to be Satisfactory.

  
**Dr.M.L.Surya Prabha**  
Director (R&D)  
Dr YSRIHS

  
**Dr.Ch.Srinivasa Rao**  
Registrar(FAC)  
Dr YSRIHS

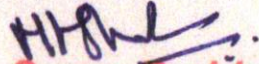
  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003


  
**Dr.P.Shyam Prasad**  
Vice Chancellor  
Dr YSRIHS

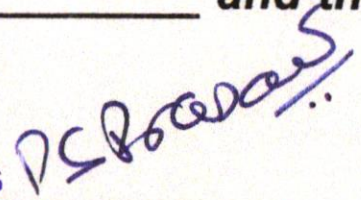
**Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA  
ANDHRA PRADESH  
UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2021**




This is to certify that Mr/Ms Sandra.V.Saji  
Student of Narayana College of Nursing, Nellore has been awarded  
the Under Graduate Student Research Scholarship (UGSRS - 2021) for the Project  
entitled "An Evaluate Study To Assess The Impact Of Smart Phone On Social Life Among Young  
Generation At Selected Colleges In Nellore. A.P" completed under the Guidance of  
Mr/Ms Dr. Mejilin Bose, Assoc Prof of Medical Surgical Nursing and the  
Report was found to be Satisfactory.

  
**Dr.M.L.Surya Prabha**  
Director (R&D)  
Dr YSRIHS

  
**Dr.Ch.Srinivasa Rao**  
Registrar(FAC)  
Dr YSRIHS

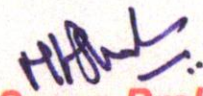
  
**Dr.P.Shyam Prasad**  
Vice Chancellor  
Dr YSRIHS


  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

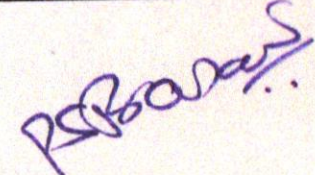
**Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA  
ANDHRA PRADESH  
UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2021**



This is to certify that Mr/Ms S.Thomas  
Student of Narayana College of Nursing, Nellore has been awarded  
the Under Graduate Student Research Scholarship (UGSRS - 2021) for the Project  
entitled "An Observational Study On Water Soluble Vitamin Deficiencies Among Primary School  
Children In Selected School At District, Nellore, A.P" completed under the Guidance of  
Mr/Ms Dr. A.Latha, Prof of Medical Surgical Nursing and the  
Report was found to be Satisfactory.

  
**Dr.M.L.Surya Prabha**  
Director (R&D)  
Dr.YSRUHS

  
**Dr.Ch.Srinivasa Rao**  
Registrar(FAC)  
Dr.YSRUHS

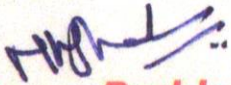
  
**Dr.P.Shyam Prasad**  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.


**Dr.YSRUHS**  
Vice Chancellor


**Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA  
ANDHRA PRADESH  
UNDER GRADUATE STUDENT RESEARCH SCHOLARSHIP - 2021**

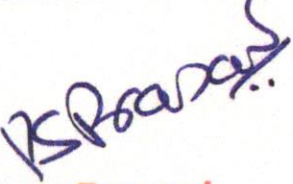


This is to certify that Mr/Ms Sheena Thomas  
Student of Narayana College of Nursing, Nellore has been awarded  
the Under Graduate Student Research Scholarship (UGSRS - 2021) for the Project  
entitled "A Cross Sectional Study To Assess Prevalence Of Skin Problems Among Worker Of  
Sea Food Industries Of Sea Shore Areas At Nellore" completed under the Guidance of  
Mr/Ms Dr. K.Nathiya, Assoc Prof of Mental Health Nursing and the  
Report was found to be Satisfactory.

  
**Dr.M.L.Surya Prabha**  
Director (R&D)

  
**Dr.Ch.Srinivasa Rao**  
Registrar(FAC)

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem  
NELLORE - 524 003

  
**Dr.P.Shyam Prasad**  
Vice Chancellor  
Dr YSRUHS

**FACULTY  
RESEARCH GRANT  
RESEARCH  
COMMITTEE**



# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada

e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2019-20/

2/1/2019

To,

Mrs. Anjani Devi N  
Associate Professor  
Dept of Mental Health Nursing  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Prevalence of anxiety and depressive symptoms among first degree relative's suicidal attempter's patients in tertiary care hospital at Nellore.”

Madam,


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project on Prevalence of anxiety and depressive symptoms among first degree relative 's suicidal attempter' s patients in tertiary care hospital at Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

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e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2019-20/c2

21/12/2019

To,

Dr Rajeswari,  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Impact of accelerated recovery program on compassion fatigue among nurses in South India.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Impact of accelerated recovery program on compassion fatigue among nurses in South India. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*Dr. R. R. R.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada

e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2020-21/03

4/3/2020

To,

Mrs. Anjani Devi Nelavala  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats.

**Madam,**

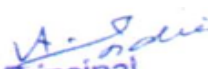
We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 3) Utilization Certificate - detailing how the grant was utilized.
- 4) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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2317968 Extn. 2464  
Fax : 0861-2311968

# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

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e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2020-21/04

07/03/2020

To,

Mrs. Anjani Devi Nelavala  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Antidiabetic effect of 2-(4-[(2-hydroxyacetylbenzyl)ketoamino]-phenyl amino-methyl)-hydrobenzophenon on Alloxan induced rats".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Antidiabetic effect of 2-(4-[(2-hydroxyacetylbenzyl)ketoamino]-phenyl amino-methyl)-hydrobenzophenon on Alloxan induced rats. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Sali*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. Anji*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2019-20/05

11/03/2020

To,

Dr Rajeswari,  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "**Outcome of accelerated recovery program on occupational stress among nurses**"

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Outcome of accelerated recovery program on occupational stress among nurses. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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- 2) Statement of Expenditure - outlining the expenses incurred.

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Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2019-20/ 06

03/4/2020

To,

Mrs. Anjani Devi Nelavala  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “**Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Anti-diabetic effect of Biological activities of 2-(4- [(2-hydroxy benzyl) amino]-phenyl amino-methyl)-phenol derivatives on Alloxan induced rats. International Journal of Research in Pharmaceutical Sciences. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

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*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*D. R. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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NCON/RESEARCH/ACD/2020-21/07

08/08//2020

To,

Dr. Arumugam Indira,  
Principal,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess The Quality of Life Among Type2 Diabetes Mellitus Clients In Urban Area Of Tirupati."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study To Assess The Quality Of Life Among Type2 Diabetes Mellitus Clients In Urban Area Of Tirupati. This funding is intended to meet part of the expenditures associated with your project.

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**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. Indira*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

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NCON/RESEARCH/ACD/2020-21/088

09/09/2020

To,

Mrs Viji A  
Associate Professor  
Obstetrical and Gynecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess the Prevalence of thyroid disorders among the obstetric mothers in NMCH, Nellore,".

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A study to assess the prevalence of thyroid disorders among the obstetric mothers in NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Sai*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. Anuj*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. Sai*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



# NARAYANA COLLEGE OF NURSING

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e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2020-21/09

09/09/2020

To,

Dr Indira A, M.Sc.(N), Ph.D.  
Principal/ Dept of Medical surgical Nursing  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Knowledge on prevention of mosquito growth among adults.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled knowledge on prevention of mosquito growth among adults .This funding is intended to meet part of the expenditures associated with your project.We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

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*A. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*Dr. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.



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NCON/RESEARCH/ACD/2019-20/10

09/09/2020

To,

Dr Rajeswari,  
Vice Principal,  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Effect of accelerated recovery program on recovery from secondary traumatic stress among nurses"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of accelerated recovery program on recovery from secondary traumatic stress among nurses. This funding is intended to meet part of the expenditures associated with your project.

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*A. S. Saini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. Saini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. Saini*  
Chairperson  
Institutional Ethics Committee  
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Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2020-21/ 11

09/09/2020

To,

Mrs. Anjani Devi Nelavala  
Associate Professor  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess the knowledge on causes and complications of tetanus among adults in kamakshinagar at Nellore".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Astudy to assess the knowledge on causes and complications of tetanus among adults in kamakshinagar at Nellore. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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*A. S. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*D. B. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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NCON/RESEARCH/ACD/2021-22/12

03/01/2021

To,

Mrs. Anjani Devi Nelavala  
Associate Professor  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "**Knowledge of collecting a swab specimen in a tertiary care Hospital**".

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled knowledge of collecting a swab specimen in a tertiary care Hospital. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. R. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
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NCON/RESEARCH/ACD/2021-22/ 13

5/07/2021

To,

Mrs. Viji Alex  
Dept of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Health Related Quality of Life (HRQoL) as Impinge of Functional mobility among elderly living in rural and urban Areas, Nellore.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Health Related Quality of Life (HRQoL) as Impinge of Functional mobility among elderly living in rural and urban Areas, Nellore.This funding is intended to meet part of the expenditures associated with your project.

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Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
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Chinthareddypalem, Nellore-524003.



**NARAYANA**  
**COLLEGE OF NURSING**

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NCON/RESEARCH/ACD/2021-22/04

5/7/2021

To,

Dr. Arumugam Indira, Principal  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Quality of Life Among Type Two Diabetes Mellitus Clients in an Urban Area of Tirupati."

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Quality of Life Among Type Two Diabetes Mellitus Clients in an Urban Area of Tirupati. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*Dr. R. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.



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NCON/RESEARCH/ACD/2021-22/15

09/08/2021

To,

Mrs. K Kantha  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Effect of VAT on Figure of Eight Walking among the Adults with hypertension"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of VAT on Figure of Eight Walking among the Adults with hypertension. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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*[Signature]*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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**COLLEGE OF NURSING**

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NCON/RESEARCH/ACD/2021-22/16

09/08/2021

To,

Mrs. T. Usha Kiran,  
Dept of Obstetrical and Gynaecological nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Assess 3 I's (Instruction, Initiation, Improvement) as a Road Map to Breastfeeding Success among Postnatal Mothers at NMCH, Nellore, A.P, India."

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Assess 3 I's (Instruction, Initiation, Improvement) as a Road Map to Breastfeeding Success among Postnatal Mothers at NMCH, Nellore, A.P, India. . This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Sai*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. Sai*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. Sai*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



**NARAYANA**  
**COLLEGE OF NURSING**

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NCON/RESEARCH/ACD/2021-22/17

09/08/2021

To,

Dr Indira Arumugam,  
Principal,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Study of Expectant Fathers' Prejudices and Practices vs. Pregnant Women's Pleasure related to Antenatal Care at OPD, NMCH, Nellore"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Study of Expectant Fathers' Prejudices and Practices vs. Pregnant Women's Pleasure related to Antenatal Care at OPD, NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.

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2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. R. S. S.*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*

Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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Fax : 0861-2311968

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CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawad  
e-mail : narayana\_nursing@yahoo.co.in website : www.narayanannursingcollege.com

NCON/RESEARCH/ACD/2023-24/18

15/12/2021

To,

Mrs Nathiya K  
Associate Professor  
Dept of Mental Health Nursing  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "THE HABITS AMONG  
HYPERTENSIVE PATIENTS OF SELECTED RURAL AREAS".

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled the habits among hypertensive patients of selected rural areas. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
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Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2021-22/49

2/01/2022

To,

MrsSmitha Poovathinkal Madhavan,  
HOD of Mental Health nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Assessment of Cognitive Behavior Therapy utility on emotional and social well beingness among women with surgical menopause. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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2. Statement of Expenditure - outlining the expenses incurred.

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Chinthareddypalem,  
NELLORE - 524 003.

*D. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S. S.*  
Chairperson  
Institutional Ethics Committee  
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Chinthareddypalem, Nellore-524003.  
Chairperson



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NCON/RESEARCH/ACD/2021-22/20

03/01/2022

To,

Dr.Arumugam Indira,  
Principal  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Effectiveness Of Self-Instructional Module (Sim) On Paternal Attitude Of Expectant Fathers And Maternal Satisfaction On Perinatal Outcome**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titledEffectiveness Of Self-Instructional Module (SIM) On Paternal Attitude Of Expectant Fathers And Maternal Satisfaction On Perinatal Outcome.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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*D. R. S. S.*  
Principal  
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Chinthareddypalem,  
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NCON/RESEARCH/ACD/2021-22/21

03/01/2022

To,

Dr Arumugam Indira,  
HOD of Medical Surgical nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Depression And Quality of Life Among Type-2 Diabetes Mellitus Patients: A Case Control Study"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Depression And Quality of Life Among Type-2 Diabetes Mellitus Patients: A Case Control Study. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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NELLORE - 524 003.

*Dr. P. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

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NCON/RESEARCH/ACD/2021-22/022

03/01/2022

To,

Mrs Viji Alex,  
Dept of Obstetrical and gynaecological nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Sleep As Preamble of Optimal Health among Elderly Hypertensive Adults"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Sleep as Preamble of Optimal Health Among Elderly Hypertensive Adults. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. R. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
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Chairperson  
Institutional Ethics Committee  
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NCON/RESEARCH/ACD/2021-22/23

10/01/2022

To,

Mrs.Katari Kantha  
Associate Professor  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Conceptual frame work on bundle care therapy on hypertension**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Conceptual frame work on bundle care therapy on hypertension. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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Principal  
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NELLORE - 524 003.

  
Principal  
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NELLORE - 524 003

  
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NCON/RESEARCH/ACD/2022-23/24

8/3/2022

To,

Mrs. Katari Kantha  
Associate Professor  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Effect of VAT on Figure of Eight Walking among the Adults with Hypertension.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect of VAT on Figure of Eight Walking among the Adults with Hypertension. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/20./25 '0.

09/03/2022

To,

Mrs T Ushakiran  
HOD of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Assess the Effectiveness of Self-Instructional Module on Early Initiation of Breast Practices among Postnatal Women in India"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Assess the Effectiveness of Self- Instructional Module on Early Initiation of Breast Practices among Postnatal Women in India. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. Anny*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.  
Chairperson



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NCON/RESEARCH/ACD/2022-23/263

9/3/2022

To,

Prof B Vanaja Kumari  
HOD of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Critical Evaluation of Childhood exposure to various environmental Pollutants”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project on Critical Evaluation of Childhood exposure to various environmental Pollutants” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
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NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. Anny*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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*S. S. S.*  
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Institutional Ethics Committee  
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NCON/RESEARCH/ACD/2021-22/275

4/4/2022

To,

Mrs. Vijji A  
Associate Professor  
Dept of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Impact of Nurse Led Bundle Care Therapy on POP Symptoms among Women with Prolapsed Uterus"

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Impact of Nurse Led Bundle Care Therapy on POP Symptoms among Women with Prolapsed Uterus. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

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NCON/RESEARCH/ACD/2022-23/28

1/7/2022

To,

Mrs. Katari Kantha  
Associate Professor  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Effect of Vat on BMI And Whr With Regard To Hypertensive Safety Bundle Care Therapy (HSBCT) Among The Adults With Hypertension"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Effect Of Vat On BMI And Whr With Regard To Hypertensive Safety Bundle Care Therapy (HSBCT) Among The Adults With Hypertension

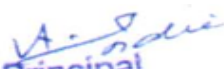
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NCON/RESEARCH/ACD/2023-24/29

09/08/2022

To,

Dr Arumugam Indira, Principal  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A study to assess the effectiveness of sleep promoting behavior among elderly with hypertension at Muthukur, Nellore,"

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A study to assess the effectiveness of sleep promoting behavior among elderly with hypertension at Muthukur, Nellore,.This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

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NCON/RESEARCH/ACD/2022-23/30,

10/8/2022

To,

Mrs. Anjani Devi Nelavala  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "Analysis of emotional symptoms of premature syndrome"

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Analysis of emotional symptoms of premature syndrome . This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
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Principal  
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NCON/RESEARCH/ACD/2022-23/315

22/8/2022

To,

Prof. Shanmuga Vadivu  
HOD of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Quasi-Experimental Study to Assess the Effect of Swaddling on the Management of Pain During Heel Prick among Neonates Admitted in the Neonatal Intensive Care Unit at NMCH, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Quasi-Experimental Study to Assess the Effect of Swaddling on the Management of Pain During Heel Prick among Neonates Admitted in the Neonatal Intensive Care Unit at NMCH, Nellore..This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. Anuj*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*

Chairperson  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2022-23/32

09/09/2022

To,

Mrs.NasinaSubhashini,  
Associate Professor,  
Dept of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Strategies for improving oral health conditions in senior patients”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Strategies for improving oral health conditions in senior patients. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. Babu*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/33

9/9/2022

To,

Mrs. Smitha. PM  
HOD of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Analysis of Prevention of Techniques for Post-Traumatic Stress Disorder”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project Analysis of Prevention of Techniques for Post-Traumatic Stress Disorder. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*D. B. Anny*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/34

10/09/2022

To,

Prof Smitha P.M  
HOD of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess the Knowledge of Documentation while Taking Care of Mentally Ill Patients among Staff Nurses in the Psychiatric Ward of the Narayana Medical College Hospital at Nellore, Andhra Pradesh"


Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study to Assess the Knowledge of Documentation while Taking Care of Mentally Ill Patients among Staff Nurses in the Psychiatric Ward of the Narayana Medical College Hospital at Nellore, Andhra Pradesh. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
Principal  
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Chinthareddypalem,  
NELLORE - 524 003.

  
Chairperson  
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NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

  
Principal  
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NCON/RESEARCH/ACD/2022-23/35

10/9/2022

To,

Dr. Latha. A  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess the Effectiveness of Buteyko Breathing Exercise on respiration Outcome among Patients with COPD at NMCH, Nellore."

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess the Effectiveness of Buteyko Breathing Exercise on Respiration Outcome among Patients with COPD at NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

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2. Statement of Expenditure - outlining the expenses incurred.

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Principal  
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NELLORE - 524 003.

  
Principal  
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NCON/RESEARCH/ACD/2022-23/36

10/09/2022

To,

Dr. Megilin Bose. C,  
Professor  
Dept of Obstetrical and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on **“Identification of the Environmental Factors that lead to high Infertility Rates among Woman”**

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Identification of the Environmental Factors that lead to high Infertility Rates among Woman. This funding is intended to meet part of the expenditures associated with your project. We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
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NCON/RESEARCH/ACD/2022-23/37/

10/10/22

To,

Dr. Indira.A  
Principal,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on“**History of Nursing and Their Role in Modern Healthcare**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project **History of Nursing and Their Role in Modern Healthcare**” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dr. B. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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*S. S. S.*  
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NCON/RESEARCH/ACD/2022/23/38

15/12/2022

To,

MrsNathiya K,  
Assoc Prof,  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**A Psychological Study into Therapy Practices That Can Help in Treating Addictions**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ **15,000** to support your research A Psychological Study into Therapy Practices That Can Help in Treating Addictions.This funding is intended to meet part of the expenditures associated with your project.We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

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NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*D. R. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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NCON/RESEARCH/ACD/2022-23/39

9/1/2023

To,

Nathiya K  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title **on Role of Violent Video Games in Aggression and Violent Behavior of Young Adults: Psychological Perspective**

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Role of Violent Video Games in Aggression and Violent Behaviour of Young Adults: Psychological Perspective. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

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- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Saini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. Saini*  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

*D. B. Saini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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NCON/RESEARCH/ACD/2022-23/

9/1/2023

To,

MrsNathiya. K, Assoc Prof  
Dept of Mental HealthNursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title onA Psychological Study into the Virtues that are Important for aPsychiatric Nurse

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Psychological Study into the Virtues that are Important for aPsychiatric Nurse.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
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**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Reddy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*Dy. R. Anny*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
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NCON/RESEARCH/ACD/2022-23/40

9/1/2023

To,

Prof Smitha P.M  
HOD of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on **Application of Ai Tools for Better Rehabilitation Purposes**

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Application of Ai Tools for Better Rehabilitation Purposes. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
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**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*D.V. R. S. S.*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
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Institutional Ethics Committee  
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NCON/RESEARCH/ACD/2022-23/41

9/1/2023

To,

Prof B Vanaja Kumari,  
HOD of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**Pharmaco economic Studies of the Effect of Diabetes Treatment.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research Pharmaco economic Studies of the Effect of Diabetes Treatment.This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

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**Congratulations on this achievement, and we look forward to your project's successful completion**

*A. S. Reddy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*DYB Anny*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. Reddy*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2022-23/42

3/1/2023

To,

Dr Anjani Devi Nelavala  
HOD of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on **Phytochemical Analysis and Antimicrobial Activity of Atlantia Monophylla (AM) Extract**

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Phytochemical Analysis and Antimicrobial Activity of Atlantia Monophylla (AM) Extract. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.


Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2022-23/43

19/1/2023

To,

Mrs Somesula Suchitra,  
Associate Professor,  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title “Establishing the Relationship between Adolescents' Mental Health and Family Culture”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled “Establishing the Relationship between Adolescents' Mental Health and Family Culture” This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion.**

**Chairperson**  
**Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

Principal  
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NCON/RESEARCH/ACD/2023-24/44

10/09/2023

To,

Prof B. Vanaja Kumari,  
HOD of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Study to Assess the Knowledge Regarding Home Care Management of Selected Climate Change-Related Diseases among Nursing Students in Selected Nursing Colleges, Nellore”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your project A Study to Assess the Knowledge Regarding Home Care Management of Selected Climate Change-Related Diseases among Nursing Students in Selected Nursing Colleges, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

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- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Vanaja*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
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NCON/RESEARCH/ACD/2023-24/45/

10/09/2023

To,

Dr. Latha. A  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Descriptive Study to Assess the Knowledge on Prevention and Homecare Management of Lung Cancer Among Smokers in Selected Villages, Nellore."

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Descriptive Study to Assess the Knowledge on Prevention and Homecare Management of Lung Cancer Among Smokers in Selected Villages, Nellore. This funding is intended to meet part of the expenditures associated with your project.

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**Chairperson**  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

**Principal**  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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NCON/RESEARCH/ACD/2023-24/ 46

10/09/2023

To,

Prof Latha. A  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study to Assess the Effectiveness of Hot Water Foot Bath Therapy on the Quality of Sleep among the Elderly at Narayana Medical College and Hospital, Nellore."

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess the Effectiveness of Hot Water Foot Bath Therapy on the Quality of Sleep among the Elderly at Narayana Medical College and Hospital, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

**Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 47

10/09/23

To,

Prof. Shanmuga Vadivu  
HOD of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on“**A Study to Assess the Effectiveness of Cluster Care on Physiological Parameters among Preterm Newborns Admitted in NICU at NMCH, Nellore. ”**

**Madam,**


We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study to Assess the Effectiveness of Cluster Care on Physiological Parameters among Preterm Newborns Admitted in NICU at NMCH, Nellore. This funding is intended to meet part of the expenditures associated with your project.


We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

  
Principal  
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NCON/RESEARCH/ACD/2023-24/ 48

10/09/2023

To,

Prof B. Vanaja Kumari,  
HOD of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A Study on Assessment of Perception of Nursing Students towards Utilization of Community Health Nursing Bag in selected Nursing colleges, Nellore."

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research A Study on Assessment of Perception of Nursing Students towards Utilization of Community Health Nursing Bag in selected Nursing colleges, Nellore. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

**Chairperson**  
**Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

**Principal**  
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NCN/RESEARCH/ACD/2023-24/49

9/1/2024

To,

Mrs Thejovathi,  
Dept of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Descriptive Study on Emergency Cases During Pre, Intra and Post COVID 19 Pandemic Reported at Tertiary Care Hospital,” Nellore, Andhra Pradesh

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Descriptive Study on Emergency Cases During Pre, Intra and Post COVID 19 Pandemic Reported at Tertiary Care Hospital, Nellore, Andhra Pradesh. A Randomized Control Trail”. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

**Chairperson  
Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

Principal  
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Chinthareddypalem,  
NELLORE - 524 003



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website: <https://www.narayanannursingcollege.com>



NCON/RESEARCH/ACD/2023-24/ 50

9/1/2024

To,

Prof P Shanmugavadivu  
HOD of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “Effect of Garlic Therapy on Blood Pressure among the patients with Hypertension in selected Area, Nellore, A Randomized Control Trail.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled " Effect of Garlic Therapy on Blood Pressure among the patients with Hypertension in selected Area, Nellore, A Randomized Control Trail". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

**Chairperson  
Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

Principal  
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Chinthareddypalem,  
NELLORE - 524 003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/51

9/1/2024

To,

Mrs. Thejovathi,  
Associate Professor,  
Dept of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Psychological Distress in parents of children with cancer: A Descriptive Cross- Sectional Study”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled Psychological distress in parents of children with cancer: A descriptive cross- sectional study. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

**Chairperson  
Chairperson**

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.

**Principal**  
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Chinthareddypalem,  
NELLORE - 524 003



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NCON/RESEARCH/ACD/2023-24/52

5/3/2024

To,

Dr V Kumari, M.Sc.(N), Ph.D.

HOD of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Quasi Experimental Study to Assess the Effectiveness of Self Instructional Pamphlet on Knowledge and Practice regarding Breast Feeding Techniques Among Primi Post Natal Mothers.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹25,000 to support your research project titled " A Quasi Experimental Study to Assess the Effectiveness of Self Instructional Pamphlet on Knowledge and Practice regarding Breast Feeding Techniques among Primi Post Natal Mothers". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*D. S. Reddy*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. Reddy*

Chairperson

Chairperson

Institutional Ethics Committee  
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Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/53 -

5/3/2024

To,

Dr Katari Kanth, M.Sc.(N), Ph.D.

Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “A Pre Experimental Study to Assess the Effectiveness of Education and Early Ambulation on Preventing Postoperative Urinary Retention Among Selected Postoperative Patients at Selected Hospital, Nelloredistrict,Andhra Pradesh,India.”

Madam,

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹25,000 to support your research project titled " A Pre Experimental Study to Assess the Effectiveness of Education And Early Ambulation on Preventing Postoperative Urinary Retention Among Selected Postoperative Patients at Selected Hospital, Nelloredistrict,Andhra Pradesh,India". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chinn*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

Chairperson

Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/54

5/3/2024

To,

Mrs G. Pavithra, M.Sc.(N).  
Associate Professor  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Quasi Experimental Study to Assess the Effectiveness of Ophthalmic Exercises on Visual Discomfort among Computer Operators in Selected Educational Institutions, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Quasi Experimental Study to Assess the Effectiveness of Ophthalmic Exercises on Visual Discomfort among Computer Operators in Selected Educational Institutions, Nellore.". This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. Babu*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

Chairperson

Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/ 55

5/3/2024

To,

Mrs T Lalitha Kumari, M.Sc.(N).  
Associate Professor  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “A Quasi Experimental Study to assess the Effectiveness of Interactive Learning on Knowledge regarding Hazards of Plastic Usage and It’s Safe Disposal among College Students in Selected Colleges of Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Quasi Experimental Study to assess the Effectiveness of Interactive Learning on Knowledge regarding Hazards of Plastic Usage and It’s Safe Disposal among College Students in Selected Colleges of Nellore”. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dy. Principal*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

**Chairperson**

*Chairperson*

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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website: <https://www.narayanannursingcollege.com>



NCON/RESEARCH/ACD/2023-24/56

5/3/2024

To,

Mrs K Nathiya, M.Sc.(N).  
Associate Professor  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “A Descriptive Study to Assess the Satisfaction with their lives Among Transgenders at Selected Rural Communityareas Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Descriptive Study to Assess the Satisfaction With Their Lives Among Transgenders At Selected Rural Community areas ,Nellore." This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chinnay*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

Chairperson

Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/57

5/3/2024

To,

Mrs Prathima Vayyuru, M.Sc.(N).  
Associate Professor  
Dept of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A True Experimental study to assess the Effectiveness of Warm Massage on Restless Leg Syndrome among Clients with Diabetes Mellitus in selected Hospitals at Nellore, Andhra Pradesh."

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A True Experimental study to assess the Effectiveness of Warm Massage on Restless Leg Syndrome among Clients with Diabetes Mellitus in selected Hospitals at Nellore, Andhra Pradesh.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. R. Srinivas*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

Chairperson  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/58

5/3/2024

To,

Dr Megiline Bose, M.Sc.(N), Ph.D.  
Professor  
Dept of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Descriptive Study to Assess the Knowledge and Attitude Regarding Rabies and it’s Control among Dog owners in Selected Community Area, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Descriptive Study to Assess the Knowledge and Attitude Regarding Rabies and it’s Control among Dog owners in Selected Community Area, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Srinivas*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003,



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NCON/RESEARCH/ACD/2023-24/ 59,

5/3/2024

To,

Mrs G Thejovathi, M.Sc.  
Dept of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Retrospective Study to Assess the Obstructive Sleep Apnea A Risk Factor for Cardiovascular Disorders among Cardiovascular Patients at Selected Hospital, Nellore”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled " A Retrospective Study to Assess the Obstructive Sleep Apnea A Risk Factor for Cardiovascular Disorders among Cardiovascular Patients at Selected Hospital, Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Anny*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003,

*[Signature]*

**Chairperson**  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/(60)

5/3/2024

To,

Prof T UshaKiran, M.Sc.(N)  
Dept of Obstetrics and Gynaecological Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “AQuasi-Experimental Study to Assess the Effectiveness of an Educational Booklet on Behavioural Change Communication Regarding Pubertal Changes and Menarche Among Pre Adolescent Girls at Selectedschools in Nellore”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Quasi-Experimental Study to Assess the Effectiveness of an Educational Booklet on Behavioural Change Communication Regarding Pubertal Changes And Menarche Among Pre Adolescent Girls at Selected schools in Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chinnay*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

**Chairperson**

*Chairperson*

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/61

5/3/2024

To,

Prof P Shanmugavadivu, M.Sc.(N)  
Dept of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “Pre Experimental Study to Assess the Effectiveness of Buteyko Breathing Technique on Peak Expiratory Flow Rate among Patients with Bronchial Asthma at Selected Hospitals, Nellore”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "PreExperimental Study to Assess the Effectiveness of Buteyko Breathing Technique on Peak Expiratory Flow Rate among Patients with Bronchial Asthma at Selected Hospitals, Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. S. Srinivas*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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Chinthareddypalem, Nellore - 524003. A.P.

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website: https://www.narayanannursingcollege.com



NCON/RESEARCH/ACD/2023-24/62 |

5/3/2024

To,

Dr A Latha, M.Sc.(N), Ph.D.  
Dept of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Descriptive Study to Assess the Knowledge on the Health Effects of Junk Food among Self Help Group (Ladies) Members in a Selected Urban Community Area of Nellore”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Descriptive Study to Assess the Knowledge on the Health Effects of Junk Food among Self Help Group (Ladies) Members in a Selected Urban Community Area of Nellore”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chinnai*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

**Chairperson**  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/632

5/3/2024

To,

Dr B Vanaja Kumari, M.Sc.(N), Ph.D.  
Prof & HOD of Community Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:**Financial support for Research title on “A Study to Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Mirror Therapy in Stroke Rehabilitation among Staff Nurses at Selected Hospital, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Study to Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Mirror Therapy in Stroke Rehabilitation among Staff Nurses at Selected Hospital, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Vanaja Kumari*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/64.3

5/3/2024

To,

Dr Anjani Devi Nelavala, M.Sc.(N), Ph.D.  
Prof & HOD of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Prospective Study to Assess the Knowledge and Practice of Road Safety Regulations among School Children in a Selected Rural Community Area in Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Prospective Study to Assess the Knowledge and Practice of Road Safety Regulations among School Children in a Selected Rural Community Area in Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chinnay*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/65

5/3/2024

To,

Mrs E Kannagi, M.Sc.(N)  
Prof & Dept of Child Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Quasi Experimental Study to Assess the Effectiveness of Hand Me an Isobar Learning Technique on Level of Safe Nursing Practiceduring Shift To Shift Handover among Staff Nurses Working in Selected Hospital, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Quasi Experimental Study to Assess the Effectiveness of Hand Me an Isobar Learning Technique on Level of Safe Nursing Practice during Shift to Shift Handover among Staff Nurses Working in Selected Hospital, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Anny*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*[Signature]*

Chairperson  
Chairperson

Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/ 66

5/3/2024

To,

Mrs N Subhashini, M.Sc.(N)  
Associate Professor  
Dept of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on “A Descriptive Study to Assess the Emotional Distress and It's Control Amongtransgendersat Selected Areas, Nellore.”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 25,000 to support your research project titled "A Descriptive Study to Assess the Emotional Distress and It's Control Among transgenders at Selected Areas, Nellore.”

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

1. Utilization Certificate - detailing how the grant was utilized.
2. Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. S. Srinivas*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. Srinivas*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/67

9/1/2024

To,

Dr. Latha. A  
HOD of Medical Surgical Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title “**onA Study to Assess The Effectiveness of IEC on Menopausal Symptoms and perceptions among menopausal Women At Veenkatachalam, Nellore.**”

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project titled A Study to Assess The Effectiveness of IEC on Menopausal Symptoms and perceptions among menopausal Women At Venkatachalam, Nellore.

This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health.**

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. R. Anji*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.



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NCON/RESEARCH/ACD/2023-24/ 68

07/11/2023

To,

Anjani Devi Nelavala  
Assoc Prof,  
Dept of Mental Health Nursing,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore-524003, AP

**Subject:** Financial support for Research title on "A comparative study of anti-anxiety properties of ethanolic and aqueous extracts of Ocimum sanctum in animal models"

**Madam,**

We are informed you that, in accordance with our Research Promotion Policy & recommendations of Research committee, we have approved a grant of ₹ 15,000 to support your research project A comparative study of anti-anxiety properties of ethanolic and aqueous extracts of Ocimum sanctum in animal models. This funding is intended to meet part of the expenditures associated with your project.

We recognize the significance of your research and are committed to fostering innovative work that contributes to **Public Health**.

Upon completion of the project of two months submit the following documents:

- 1) Utilization Certificate - detailing how the grant was utilized.
- 2) Statement of Expenditure - outlining the expenses incurred.

**Congratulations on this achievement, and we look forward to your project's successful completion**

*Dr. B. Chamy*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*S. S. S.*  
Chairperson  
Chairperson  
Institutional Ethics Committee  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem, Nellore-524003.